BACK HOME AGAIN:

LaPorte County, Indiana Plan to End Homelessness

Social IMPACT Research Center
a program of Heartland Alliance

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Homelessness at its essence is not having stable housing. There are many different factors that can lead an individual or family into homelessness, and most of the time these factors are interrelated, such as having a disability and lack of affordable housing in the community. Trends in economic and social vulnerability illustrate how financial and housing stability have eroded in LaPorte County, pushing some into homelessness and putting many at risk.

In LaPorte County:

- 1 in 7 people lives in poverty.
- From 1990 to 2007, there was almost a 40 percent increase in the number of people living in poverty.
- 11.2 percent of people are unemployed.
- Declines in median earnings and median household income are leaving families with less money to pay for their basic necessities.
- 39.1 percent of renters are rent burdened, spending over 30 percent of their income toward housing costs.
- At the end of 2008, 1 in every 33 households was in some state of foreclosure.
- In 2007, 219 youth dropped out of school.
- 17.0 percent of people age 5 and over have a disability.

These trends, which are often out of the control of those experiencing them, influence people’s housing stability in profound ways. Having stable housing is one of the most basic human needs. In its absence it becomes difficult to be a productive member of society - to find and hold a job, to access education, or to take care of health and family needs.

It is important that communities develop strong systems of response and actively plan to address the needs of those both facing homelessness and those at risk of becoming homeless. With the advent of its Plan to End Homelessness, LaPorte County is doing just that - developing solutions and taking the necessary steps to be proactive and make a deep impact on homelessness.

Plans to End Homelessness help communities determine and implement key system improvements, build community and political will for addressing homelessness, align resources efficiently, and begin the important march toward ending homelessness. LaPorte County’s Plan to End Homelessness harnesses best practices, local realities, and community input to solve a problem that affects far too many lives: those who are at risk of homelessness, those who are experiencing homelessness, and their children, neighbors, friends, and family.
Guiding the Plan is a vision, the overarching goal for the Plan. LaPorte County’s Plan to End Homelessness **vision** is to:

**Work together to create a county where all residents will live a life free from homelessness.**

The mission is the way in which this vision will be achieved. LaPorte County’s Plan to End Homelessness **mission** is to:

**Strengthen communities in LaPorte County to prevent and eliminate homelessness by establishing a comprehensive, coordinated system that is supported by local government leaders and owned by the wider community.**

LaPorte County’s Plan to End Homelessness includes goals in three key areas of addressing homelessness: Prevention, Housing, and Income/Services. There are a total of 17 goals in the Plan, with a number of action steps established to reach each goal. These goals and action steps have been designed to serve those needing services in LaPorte County, to help service providers enhance and streamline services, and to help funders of the homeless system target funding and community resources to prevent and end homelessness.

**HOMELESS PREVENTION GOALS**

Preventing people from becoming homeless is one of the most effective ways to end homelessness in LaPorte County. Through homeless prevention, individuals and families at risk of homelessness are targeted to receive assistance to maintain their housing.

1. Increase access to and funding for financial assistance.
2. Prepare clients to meet with township trustees to apply for Township Assistance.
3. Enhance the importance of personal financial literacy.
4. Prevent those being discharged from health care settings from becoming homeless.
5. Prevent those being discharged from jails/prisons from becoming homeless.

**HOUSING GOALS**

One of the major causes of homelessness is the lack of housing options and capacity to meet the needs of different populations. For a homeless system to be effective, individuals and families must be moved out of homelessness and into appropriate housing as quickly as possible.

1. Shelter people during unforeseen emergencies and rapidly re-house them.
2. Immediately house people who are being discharged from facilities and stabilize them in the community.
3. Have an adequate supply of permanent supportive housing for disabled populations.
4. Increase the amount of adequate, affordable, and safe housing available.
5. Organize and increase funding streams to better support Plan housing goals.

INCOME AND SERVICES GOALS

Building the infrastructure of the homeless system, such as increasing supportive services as well as increasing income and access to income supports for people with low-incomes, is essential to ending homelessness.

1. Make accessing services easier for clients.
2. Increase employment opportunities.
3. Increase access to income supports.
4. Increase quality of client data through HMIS—the integrated client tracking database.
5. Increase access to transportation.
6. Continue to monitor and update services based on population needs.
7. Increase access to health services.

The LaPorte County Home Team is poised to oversee implementation of the Plan. For the Plan to be successful and eliminate homelessness, it is vital that all systems in the county be involved, including general community members, service and housing providers, faith communities, schools, businesses, foundations, and government.

Everyone can help eliminate homelessness from LaPorte County. There are a variety of ways that you can become involved through the groups you are part of and the roles you hold in LaPorte County:

1. Community members can write a letter to the editor of the local paper about solutions to homelessness.
2. Faith communities can host speakers and workshops on homelessness and related issues.
3. Elected officials can advocate for policies that end homelessness.
4. Business leaders can host financial literacy and adult education classes on site for employees.
5. Service providers can integrate elements of the Plan into their organizations’ strategic plans.
6. People experiencing or who have experienced homelessness can participate on client or tenant councils of local housing and service organizations.
7. Landlords can allow low-income tenants to forgo security deposits or set up a payment plan when they are working with a service provider.
Overview of Homelessness in Laporte County

Background

Simply defined, homelessness is not having a stable place to live. More formal definitions of homelessness typically include the following:

- lacking a fixed, regular, and adequate nighttime residence; and having a primary nighttime residence that is a shelter, institution, or a public or private place not designed for, or ordinarily used as, a regular sleeping accommodation for human beings;\(^1\)
- living doubled up with family or friends in crowded conditions;
- being discharged from jail or prison with nowhere to go;
- living in motels, hotels, or camping grounds; or
- having an eviction being processed and no new residence identified.

Homelessness does not discriminate. People from all walks of life find themselves in crises that can sometimes lead to homelessness. Homelessness may be experienced by:

- Families with children
- People who are unemployed
- People who use or abuse substances
- People who have a mental illness
- People who are low-income
- Youth
- Domestic violence survivors
- People with a low educational attainment
- Single-parent headed households
- Veterans
- People who were formerly incarcerated
- People with chronic illness

Homeless Count

By the U.S. Department of Housing and Urban Development’s (HUD) definition, a person is homeless if they lack a fixed, regular, and adequate nighttime residence and if a person has a

primary nighttime residence that is a temporary shelter, an institution that provides a temporary residence for individuals intended to be institutionalized, or a public or private place not designed for regular sleeping accommodation.

A total of 7,358 individuals in Indiana were counted as homeless in the 2007 point-in-time Homeless Count (Table 13). This count represents the number of people homeless on a cold winter night and does not represent the number of people homeless during the course of a full year. LaPorte County homeless service providers submit their point-in-time homeless count to HUD through the Indiana Balance of State report. In 2007, 4,906 individuals were homeless in the Balance of the State. Data from the point-in-time counts specific to LaPorte County is only complete for 2009, where they found 62 people who were counted as homeless. As a result of the current recession, approximately 16,400 additional Hoosiers may experience homelessness by the end of 2010, absent effective interventions.

What follows in this report is information about homelessness in LaPorte County, the factors that cause homelessness, and the new Plan to End Homelessness for LaPorte County—the key solutions. Also included are ways for different constituencies to get involved in learning about homelessness, supporting the Plan, and addressing homelessness in LaPorte County.

Causes and Predictors of Homelessness

There are many different factors that can lead an individual or family into homelessness, and most of the time these factors are interrelated.

A 53 year-old woman has a mental illness severe enough to prevent her from working so her single source of income is Social Security Income (SSI), the main government program for people with disabilities who have little or no income to meet basic needs. Because she is a single individual, her maximum SSI payment is $674 a month, which is not nearly enough to pay for essentials such as shelter, food, clothing, and transportation. The average cost of rent for a one bedroom apartment in LaPorte County, $530, alone eats up most of her income. Without enough income to cover her expenses, she must make tradeoffs, perhaps paying only half the rent this month so she can afford groceries. Having low benefit levels and living on a fixed income put her at risk for homelessness.

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4 In 2007, the Balance of State excluded Indianapolis Continuum of Care and the South Bend/Mishawaka/St. Joseph Continuum of Care. In 2006, the Balance of State only excluded Indianapolis, but in 2005, it excluded Indianapolis, the South Bend/Mishawaka/St. Joseph CoC and the Evansville/Knox, Vanderburgh Counties CoC.
Consider a family of four with both parents working full-time jobs without benefits in the service industry. The woman is a waitress and the man is a clerk at a retail store. These jobs, like many in the service industry, pay very low wages leaving the family living paycheck to paycheck. The family struggles to simply make ends meet and is not able to put aside any money for savings. When an “emergency” occurs (for what are minor inconveniences to many of us, are indeed crises for low-income families) such as their car breaking down or a child’s hospital stay that produces enormous medical bills, the family does not have enough income to cover their daily expenses and the emergency expense. Low-wage work and lack of adequate savings puts this family at risk for homelessness.

Additional hardships are a reality for a 40 year-old man who has been incarcerated for possessing a small amount of drugs. To be released to parole, he has to identify the address where he will be living when he leaves prison; unfortunately he is only able to line up a place to stay for one week. After the week ends, he has no apartment and no job, and therefore no income with which to rent a place. He may be able to find another friend to stay with for awhile, but at any time this friend can ask him to leave. Being discharged from prison to an unstable housing situation puts him at risk for homelessness.

Of course there are many other examples of financial and social vulnerability that increase an individual or family’s risk of becoming homeless. The overview below documents current economic, employment, income, housing, and other trends that contribute to homelessness in LaPorte County.

**Growing Poverty**

Poverty is defined by the federal government using an income threshold, also called the poverty line, which varies by family size. A family of three is considered poor if their annual income is below $18,310, and a family of four is considered poor with an annual income below $22,050.\(^6\) When people do not have adequate income to afford food, clothing, and rent, they can eventually fall into homelessness. In 2007, 14,649 individuals in LaPorte County had incomes below the official poverty line (Table 1).\(^7\) This represents 14.1 percent or 1 in every 7 people in the county living in poverty. Because of the current economic downturn, the number of individuals in poverty is expected to increase.


\(^7\) Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.
The poverty measure has long failed to give an accurate picture of what families need to realize a decent, though modest, standard of living. Estimates that take into account local costs reveal that it takes $27,043 in LaPorte County for a family of three and $34,119 for a family of four to make ends meet and be self-sufficient, meaning they do not have to rely on government income supports or private supports to help pay for their basic needs.\(^8\)

Children and single adult-headed households are disproportionately impacted by poverty. One in four children in LaPorte County lives in poverty, the highest poverty rate of any age group.\(^9\) Households headed by single mothers have the highest poverty rate of any household type at 15.1 percent.\(^10\) Government support for single mother-headed households is limited; in February of 2009, the average annual welfare cash grant (Temporary Assistance for Needy Families or TANF) received in LaPorte County was only $2,502 – far lower than the poverty line for any size family.\(^11\)

Poverty growth in LaPorte County has far outpaced population growth.\(^12\) Since 1990, the number of people living in the county rose by 3.0 percent while the number of people living in poverty in LaPorte County increased by 44.9 percent. This increase in poverty is higher than in the neighboring Northwest Indiana region (comprised of Lake, Porter, and St. Joseph Counties), which has also been especially hard hit by poverty – since 1990 the number of people living in poverty in Northwest Indiana rose 27.2 percent (Table 2).\(^13\)

<table>
<thead>
<tr>
<th>Year</th>
<th>Northwest Indiana</th>
<th>LaPorte County</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Number in Poverty</td>
<td>Poverty Rate</td>
</tr>
<tr>
<td>1990</td>
<td>95,154</td>
<td>11.5%</td>
</tr>
<tr>
<td>2007</td>
<td>120,995</td>
<td>13.5%</td>
</tr>
<tr>
<td>Percent Change 1990-2007</td>
<td>27.2%</td>
<td>17.4%</td>
</tr>
</tbody>
</table>

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\(^9\) Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.

\(^10\) Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey


\(^12\) Social IMPACT Research Center’s analysis of U.S. Census Bureau, Population Estimates and U.S. Census Bureau, 1990 Decennial Census & 2007 American Community Survey.

\(^13\) Social IMPACT Research Center’s analysis of U.S. Census Bureau, 1990 Decennial Census & 2007 American Community Survey.
Among those living in poverty is a subset of people who live in the most dire form of poverty – extreme poverty. Extreme poverty means living with an annual income below half the poverty line (also called below 50 percent FPL) – less than $9,155 for a family of three and less than $11,025 for a family of four in 2009. At this very low-income level families do not have near enough money to pay for the most basic of their needs, such as housing, food, health care, and clothing. This results in families making untenable tradeoffs and going without certain needs being met. Extreme poverty is a reality for 6,023 people in LaPorte County. The number of people in extreme poverty has increased 33.4 percent since 1990, and the extreme poverty rate has risen from 4.5 percent in 1990 to 5.8 percent in 2007.14

People who have incomes above the poverty line but under twice the poverty line (also called between 100 percent and 200 percent FPL) still face serious struggles in being able to make ends meet, though they are not officially poor by the federal government’s definition. A family of three living below 200 percent of the poverty line has an annual income below $36,620. For a family of four, it is under $44,100. In LaPorte County 19,063 people or 18.4 percent of the population have incomes between 100 percent and 200 percent of the poverty line.15

**Struggling Economy**

The employment picture in Indiana is characterized by a changing economy. In 1995, the manufacturing sector as a whole accounted for 24.5 percent of the LaPorte County’s total employment, but by 2008 only 19.9 percent of the workforce was employed in manufacturing.16 In addition to the decrease in manufacturing jobs, there has been a slight increase in service-producing jobs.17 The shift from goods-producing to service-providing industries can be troubling because of the significant wage disparity between the two industries. In 2008, the manufacturing sector in Indiana had average weekly wages of $761

<table>
<thead>
<tr>
<th>Table 3 - Indiana Average Weekly Wages by Sector</th>
<th>2006 (in 2008 dollars)</th>
<th>2008</th>
<th>Change from 2006-2008</th>
</tr>
</thead>
<tbody>
<tr>
<td>Construction</td>
<td>$881</td>
<td>$889</td>
<td>0.9%</td>
</tr>
<tr>
<td>Manufacturing</td>
<td>$827</td>
<td>$761</td>
<td>-8.0%</td>
</tr>
<tr>
<td>Durable Goods</td>
<td>$860</td>
<td>$815</td>
<td>-5.2%</td>
</tr>
<tr>
<td>Fabricated Metal Products</td>
<td>$654</td>
<td>$614</td>
<td>-6.2%</td>
</tr>
<tr>
<td>Transportation Equipment</td>
<td>$1,055</td>
<td>$949</td>
<td>-10.0%</td>
</tr>
<tr>
<td>Non-Durable Goods</td>
<td>$732</td>
<td>$626</td>
<td>-14.4%</td>
</tr>
<tr>
<td>Retail Trade</td>
<td>$368</td>
<td>$353</td>
<td>-4.1%</td>
</tr>
<tr>
<td>Financial Activities</td>
<td>$507</td>
<td>$484</td>
<td>-4.5%</td>
</tr>
<tr>
<td>Health Care &amp; Social Assistance</td>
<td>$607</td>
<td>$619</td>
<td>2.0%</td>
</tr>
<tr>
<td>Accommodation &amp; Food Services</td>
<td>$195</td>
<td>$219</td>
<td>12.0%</td>
</tr>
<tr>
<td>Food Services &amp; Drinking Places</td>
<td>$187</td>
<td>$214</td>
<td>14.3%</td>
</tr>
</tbody>
</table>

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14 Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.
15 Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.
while the average wage in accommodation and food services was only $219 (Table 3). The service industry is playing a vital role in bringing new jobs to the county; the challenge is that the majority of these service industry jobs do not pay a livable wage that allows a family to be self-sufficient. Without wages that are adequate to pay for housing, people rely on the social service system to make ends meet.

LaPorte County has experienced a steep decline in job growth rates since 2000. From 2000 to April 2009, total employment in the county fell by 10.4 percent, from 52,295 to 46,422. Looking at employment change from 2000 to April 2009 reveals that LaPorte County’s employment decline was greater than in surrounding counties. While LaPorte County’s total employment declined 10.4 percent over this period, Lake County experienced a 6.4 percent decline, Porter County a 0.6 percent decline, and St. Joseph a 9.8 percent decline.

Northwest Indiana’s employment decline mirrors state trends, though the region has experienced greater declines in employment than the state as a whole this decade. Since 2006, the region has experienced significant employment declines with employment dropping sharply in the first few months of 2009 (Figure 1).

**Figure 1 - Total Employment, Percent Change from Prior Year, 2000-April 2009**

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Unemployment rates in LaPorte County have increased dramatically in the past few years. Due to the current economic downturn, the number of people who are unemployed continues to increase. In April of 2009, 11.6 percent of the labor force was unemployed, representing 6,167 workers. This unemployment rate is nearly twice as high as it was in January of 2007.22

**Declining Incomes**

Incomes and earnings in LaPorte County reflect the reality of a changing economy. Many households in the county are trying to get by with low incomes. Forty percent of households in LaPorte County have an annual income below $35,000.23 From 2000 to 2007, both median earnings and median household incomes declined in LaPorte County.24 The median annual earnings level in LaPorte County in 2007 was $26,480. In terms of real dollars (adjusted for inflation) median annual earnings have dropped by $2,765 since 2000. The median household income in LaPorte County is $43,480 meaning half of all households in the county have total annual incomes above $43,480 and half below. Similar to the drop in earnings, the median household income has also declined, falling $8,070 since 2000 (Figure 2).

**Figure 2 - Annual Medium Household Income, 2000 and 2007, in 2007 dollars**

![Figure 2](image.png)

**Lack of Affordable Housing**

Housing is considered affordable when a rental or mortgage payment plus utilities consume less than 30 percent of a household’s income. An adequate supply of affordable housing is vital for preventing and ending housing instability and ultimately homelessness for extremely low-income households. Housing costs that are too high, coupled with stagnant or declining incomes and earnings, have resulted in housing becoming more and more unaffordable for many LaPorte County families.

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23 Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.
24 Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2000 Decennial Census & 2007 American Community Survey.
Fair Market Rents (FMR) are calculated annually by the U.S. Department of Housing and Urban Development (HUD) and are based on data from the 2000 decennial census, the biannual American Housing Survey, and random digit dialing telephone surveys, updated for inflation. Fair Market Rents, which include utilities (except telephone and cable), are intended to reflect the cost of housing that meets minimum standards of decency.25 An analysis of FMRs reveals that rents rose by 45 percent in LaPorte County from 2000 to 2009.26 The 2009 FMR for a two-bedroom unit in LaPorte County is $673. In LaPorte County, workers need to earn nearly $13.00 an hour to afford a two-bedroom apartment at the FMR. A worker who gets paid Indiana’s minimum wage of $6.55 an hour would need to work 79 hours a week in LaPorte County to be able to afford a two-bedroom apartment at the FMR (Table 4).27

<table>
<thead>
<tr>
<th>Fair Market Rent (FMR) for 2BR, 2009</th>
<th>Estimate of Mean Renter Hourly Wage, 2009</th>
<th>Monthly Rent Affordable at Mean Renter Wage, 2009</th>
<th>Wage Needed to Afford 2BR FMR, 2009</th>
<th>Work Hours per Week at IN Min. Wage to Afford 2BR FMR, 2009</th>
</tr>
</thead>
<tbody>
<tr>
<td>$673</td>
<td>$9.81</td>
<td>$510</td>
<td>$12.94</td>
<td>79</td>
</tr>
</tbody>
</table>

The opposite of being able to afford housing is having a high housing cost burden. Households are cost burdened when they spend more than 30 percent of their income on housing costs, which includes rent or a mortgage payment and utilities. The rate of cost-burdened households has increased significantly in LaPorte County. One in four households in LaPorte County rent, and in 2007, 39.1 percent of these renter households were paying over 30 percent of their income toward rent.28 Almost one in six (16.5 percent) of all renter households in LaPorte County are severely rent burdened, paying half or more of their income toward housing costs (Figure 3).29 When families are rent burdensed they must devote too much of their budgets for housing costs, leaving less money for other essentials such as food, medication, and transportation.

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28 Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2000 Decennial Census & 2007 American Community Survey.
29 Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.
Compounding the problem of housing cost burden is the fact that a large share of housing stock in the county is quite old. Rental housing in LaPorte County is much more likely to be older than owner housing (Figure 4). Rental housing has a greater proportion of older housing units; 93.1 percent of rental housing units were built before 1990 compared to 77.7 percent of owner-occupied units. Older housing stock is less energy efficient and needs more upkeep and repairs; low-income people may have difficulty paying their energy bills and owners may have difficulty investing in much needed rehabilitation.\(^\text{30}\)

**Figure 4 – LaPorte County Housing by Year Structure was Built by Tenure, 2007**

\(^{30}\) Author’s analysis of U.S. Census Bureau, 2000 Decennial Census & 2007 American Community Survey.
**Low Educational Attainment**

According to the Indiana Chamber of Commerce, 931,000 Indiana workers have an educational deficiency that limits their employability.\(^\text{31}\) For jobs that are in demand, these workers lack some kind of educational credential, such as a high school, associates, or bachelor’s degree. In LaPorte County in particular:

- 46 percent of residents function at a level one or level two literacy level (out of five). Having a level two literacy level means that the person can locate two features of information in a sports article, but cannot integrate multiple pieces of information from one or more sources. Having a low literacy level severely limits the type of work a person can get.
- 10,431 people, or nearly 14 percent, ages 25 and over do not have a high school diploma. 31,491 people, or 41 percent, have only a high school diploma. These percentages are generally the same for the state of Indiana as a whole.\(^\text{32}\)
- 21 percent of all people living in poverty do not complete high school, and 48 percent have only a high school education.\(^\text{33}\)
- Of all high school graduates in LaPorte County, a little over half went on to higher education, such as vocational school, or an associates or bachelors degree.\(^\text{34}\)

There is potential for LaPorte County to develop jobs that pay decent wages, but the workforce needs to have the skills to fill the jobs. Low educational attainment and low literacy levels are challenges to recruiting good jobs and helping families work their way out of poverty. Not having skills to compete in the workforce can be detrimental to individuals and families.

**Incarceration and Re-Entry into the Community**

People who spent time incarcerated face a number of barriers to successful reintegration into the community. In Indiana, people who have a drug-related felony on their record are not able to access the Supplemental Nutrition Assistance Program (food stamps) or Temporary Assistance for Needy Families (TANF), a cash assistance program, for the rest of their life.\(^\text{35}\) In addition, people with prior criminal convictions cannot have their felony expunged (removed from their record) in Indiana.\(^\text{36}\) This can make it extremely difficult to rent an apartment since many landlords perform background checks and are unwilling to rent to people with a record.

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\(^{32}\) Social IMPACT Research Center’s Analysis of US Census Bureau, 2008 American Community Survey.

\(^{33}\) Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2008 American Community Survey.


Nationally, less than 32 percent of state prison inmates have a high school diploma or a higher level of education, compared to 82 percent of the general population.\textsuperscript{37} Low educational attainment is another barrier to successful reintegration; without the ability to secure a job, it can become nearly impossible to pay rent.

When someone is discharged from a correctional institution, they are returned to the county where the crime was committed. In Indiana, there are numerous institutions people can be discharged from and released back to LaPorte County. In 2008, there were 141 prisoners released from Indiana Department of Corrections facilities across the state back into LaPorte County.\textsuperscript{38} In LaPorte County there are three state correctional facilities: Indiana State Prison, Lakeside Correctional Facility, and Westville Correctional Facility. In 2008\textsuperscript{39}:

\begin{itemize}
  \item 4 prisoners were released from the Indiana State Prison, maximum security, to LaPorte County.
  \item 13 prisoners were released from the Lakeside Correctional Facility to LaPorte County.
  \item 54 prisoners were released from Westville Correctional Facility to LaPorte County.
\end{itemize}

There is a perception in the community that family members of people who are incarcerated in LaPorte County move to the county to be closer. Currently there is not tracking system to track the number of people who move to LaPorte County in order to be closer to the prisons inmates. There are a number of bussing services, predominantly from larger cities such as Indianapolis, that take monthly trips to Indiana State Prison and Westville for family and friends to visit inmates. This may deter family members from moving to LaPorte County because they have monthly transportation.

\textit{Mental and Physical Disabilities}

People with disabilities are disproportionately represented among those in poverty and are at high risk of becoming homeless. Due to the instability of severe mental illnesses, people with a disabling mental illness can cycle in and out of homelessness if there are not services and housing specialized to their needs. In addition, it can be difficult for people with physical disabilities to find appropriate housing that is accessible and affordable.

Nationally, nearly 15 percent of people age 5 and over have a disability.\textsuperscript{40} In LaPorte County, that percent is slightly higher with nearly 17 percent (16,261 people) of people age 5 and over having a disability. In LaPorte County, people with a disability are 38.8 percent more likely to be poor than those without (Table 5).\textsuperscript{41}

\textsuperscript{39} Garner, Aaron, personal communication, June 17, 2009.
\textsuperscript{40} Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.
\textsuperscript{41} Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.
Table 5 - Poverty Status by Disability Status for Non-institutionalized Age 5 and Over, 2007

<table>
<thead>
<tr>
<th></th>
<th>With a Disability</th>
<th></th>
<th>With No Disability</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Total</td>
<td>Number in Poverty</td>
<td>Percent in Poverty</td>
<td>Total</td>
</tr>
<tr>
<td>Age 5 and over</td>
<td>16,261</td>
<td>2,617</td>
<td>16.1%</td>
<td>80,249</td>
</tr>
</tbody>
</table>

People with a disability are less likely to work than those without a disability in LaPorte County; nearly two thirds of people with a disability are not working compared to less than a quarter of those without a disability (Table 6). The average annual benefit received in 2007 in LaPorte County for Supplemental Security Income (SSI), the main government program for people with disabilities who have little or no income to meet basic needs, is $7,949—less than the poverty line for one person. In 2007, there were over 1,500 households in LaPorte County receiving SSI.

Table 6 - Employment Status by Disability Status for the Non-institutionalized Population Ages 16 to 64, 2007

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>With a Disability</th>
<th>With a Disability, Not Working</th>
<th>No Disability</th>
<th>No Disability, Not Working</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages 16 to 64</td>
<td>66,546</td>
<td>8,769</td>
<td>5,446</td>
<td>57,777</td>
<td>13,033</td>
</tr>
</tbody>
</table>

National research reveals that 2.6 percent of all adults have a severe and persistent mental illness. Among those most severely disabled with a mental illness are the approximately 0.5 percent of the population who receive disability benefits for mental-health related reasons from the Social Security Administration. Therefore, it is estimated in LaPorte County that there are 2,189 adults age 20 and over with a severe and persistent mental illness and 421 who receive disability benefits. It is this group of 421 severely mentally ill adults with limited financial resources that are most in need of housing and services.

Substance Use and Abuse

Substance use and abuse can be both a precipitating factor and a consequence of being homeless. Further, individuals who are homeless rarely have substance abuse disorders alone—many have serious mental illnesses and physical health problems which can be intensified by the use of substances. Nationally about half of homeless individuals who use substances also have a mental illness, referred to as co-occurring disorders. Individuals with co-occurring disorders are more likely to be homeless due to their complex needs.46

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42 Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.
43 Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community survey.
Nationally about one half of single adults who experience homelessness are alcohol users and one third use other substances. Data on the number of people who are substance users and who are homeless are not available for LaPorte County. It is documented however in the 2005 Northwest Indiana Epidemiology Report, 6.9 percent of alcohol drinkers in LaPorte County reported they were chronic drinkers, drinking 60 or more drinks in the last month. Chronic drinkers were mostly men. 47

The availability of alcohol treatment has increased since 2006. At the Swanson Center in 2006 alcohol-related admissions comprised 49 percent of all admissions. In 2008, that percentage increased to 64 percent due to an increase in capacity at the center.

**Domestic Violence**

When a person flees an abusive situation, they inevitably are leaving their housing behind. Without an alternate place to stay or adequate income to rent another apartment, women, especially those with children, and occasionally men, find themselves immediately homeless.

Reports of domestic violence are higher among young adults, those living in poverty, and African American and Latino populations. 48 Data are not available for the number of people who became homeless due to domestic violence in LaPorte County; however, in a 2005 survey 2.5 percent of all adults in LaPorte County acknowledged being a victim of domestic violence in the past five years. 49 Relative to the population in 2008, 2.5 percent translates to 6,777 adults. 50 Stepping Stone Shelter for Women, a shelter for domestic violence and sexual assault survivors, reported serving 265 clients in 2008.

**Youth**

It is estimated that between 1 million and 1.5 million teenagers nationally experience at least one episode of homelessness each year. In LaPorte County, there is no specific data on youth who are homeless but there are data on risk factors. Certain groups of youth are more at risk of becoming homeless:

- **Being involved in the juvenile justice system:** Youth who have had contact in the juvenile justice system have an increased chance of becoming homeless. 51 Many studies have shown that a third of homeless youth have been involved in the criminal system. 52 Re-entering their communities after release can prove challenging due to barriers related to jobs, education, and housing as well as lack of acceptance by their family.

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47 LaPorte County Local Epidemiology and Outcomes Workgroup. (2009). The consumption and consequences of alcohol, tobacco, and other drugs in LaPorte county. Healthy Communities
50 Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2008 Annual Population Estimates.
- **Dropping out of school:** In 2007, 219 youth dropped out of schools in LaPorte County.\(^5^3\) Without a high school diploma, finding a job with a livable wage is extremely difficult and can put youth without other supports at risk for homelessness.
- **Having children at a young age:** Though LaPorte County's teen birth rate has declined from 2002 to 2006, the county has a higher teen birth rate (39.1 per 1,000) than the state of Indiana overall. In 2006, 703 (51.7 percent) of all births were to a non-married mother, and 93 of them were to single mothers under the age of 20 without a high school diploma.\(^5^4\)
- **Running away from home with no other place to go:** Youth who have been physically, mentally, or sexually abused may run away to escape the trauma. Approximately 40 to 60 percent of homeless youth have experienced physical abuse, and between 17 and 35 percent experience sexual abuse.\(^5^5\) With a lack of alternative places to stay, these youth often find themselves homeless.\(^5^6\)
- **Experiencing discrimination and hardship associated with being LGBTQ:** Nationally, 1 in 5 homeless teenagers self-identify as lesbian, gay, bisexual, transgendered, or questioning. Research shows that for this population, being kicked out of their homes because of their parent’s disapproval is the reason most LGBTQ youth become homeless.\(^5^7\)

Providers in LaPorte County report serving homeless youth who have experienced each of these issues and often multiple issues at a time. These circumstances often create situations in which youth are forced to support themselves, usually with no income. There is a lack of housing specifically for youth, and they often end up living doubled up with friends and other family members, in shelters, or on the streets.

**Summary**

Recent and current poverty, economic, and housing trends illustrate how financial and housing stability have eroded for many people in LaPorte County, putting them at greater risk of homelessness:

- 1 in 7 people in LaPorte County lives in poverty.
- From 1990 to 2007, there was almost a 40 percent increase in the number of people living in poverty.
- In April 2009, 11.6 percent of people in LaPorte County were unemployed.
- Declines in median earnings and median household income are leaving families with less money to pay for their basic needs (?).  

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\(^5^7\) National Alliance to End Homelessness. (2009). A national approach to meeting the needs of LGBTQ homeless youth. Retrieved from http://www.endhomelessness.org/content/article/detail/2240
Stable housing is one of the most basic human needs. In its absence it becomes difficult to be a productive member of society – to find and hold a job, to access education, or to take care of health and family needs.

These trends, which are often out of the control of those experiencing them, influence people’s housing stability in profound ways. Having stable housing is one of the most basic human needs. In its absence it becomes difficult to be a productive member of society – to find and hold a job, to access education, or to take care of health and family needs.

It is important that communities develop strong systems of response and actively plan to address the needs of those both facing homelessness and those at risk of becoming homeless. With the advent of its Plan to End Homelessness, LaPorte County is doing just that—developing solutions in the face of the many barriers and challenges presented here.
BACKGROUND ON PLANS TO END HOMELESSNESS

Many communities have struggled with addressing and eliminating homelessness. Communities have built shelters and transitional housing and developed soup kitchens and drop-in centers, with the goals of getting people who are homeless off the streets. Importantly these solutions address the immediate needs of those experiencing homelessness; however, they have not been successful at decreasing and eliminating homelessness for the long term. Communities now realize that shelters, transitional housing, and other support services, are all part of the solution, but will not permanently eliminate homelessness. In order to address the root causes of homelessness and thereby eliminate it, communities must have other elements in place.

In 2000, the National Alliance to End Homelessness (NAEH) published, *A Plan, Not a Dream: How to End Homelessness in Ten Years*.

This document outlined key strategies to ending homelessness, drawing on research and best practices from around the country. NAEH asserted that by creating plans, communities can determine and implement key system improvements, build community and political will for addressing homelessness, align resources efficiently, and begin the important march toward ending homelessness.

*A Plan, Not a Dream: How to End Homelessness in Ten Years* outlined four key strategies for ending homelessness:

- **Planning for outcomes** includes collecting data to develop the best strategies for different populations. This also includes having homeless service providers be part of the planning process.
- **Closing the front door** into homelessness is focused on preventing people from becoming homeless in the first place through developing complete discharge plans from hospitals and jails that do not allow people to be discharged into homelessness, utility and rental assistance during emergencies, and offering financial budgeting classes.
- **Opening the back door** out of homelessness aims at getting individuals and families out of homelessness as quickly as possible, with an emphasis on developing affordable housing to meet that goal.

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• **Building the infrastructure** of the homeless system, such as increasing services and access to income supports, is also essential to ending homelessness.

To date across the nation there have been 234 plans developed, with another 130 in the development process.⁶⁰ Although no plans have reached the end of their time frame, many communities are already starting to see positive changes and a reduction in homelessness. For example, in four years Quincy, Massachusetts saw a 14 percent decrease in the number of chronically homeless people in their community—people who cycle between long periods of homelessness and other institutions and commonly have complex physical and/or mental health issues. They were able to move 60 chronically homeless people into permanent housing and close a 35 bed emergency shelter due to decreased demand. In addition, a pilot evaluation found tremendous cost savings to the community due to a decrease in use of expensive services, such as emergency rooms and inpatient medical stays.⁶¹ In Norfolk, Virginia, homelessness has decreased by 25 percent in the first two years of their plan. In addition, the number of unsheltered people decreased by 69 percent.⁶²

LaPorte County can see dramatic results like these communities. For a county of its size, developing and implementing a Plan to End Homelessness is not only wise, but is also cutting edge in Indiana. To date only three plans exist in the state: Indianapolis, Fort Wayne, and Evansville-Vanderburg County. LaPorte County is taking the necessary steps to be proactive and make a deep impact on homelessness by developing key solutions. The time is ideal for developing a plan in LaPorte County and to join the ever growing movement to end homelessness in Indiana and the United States.

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Continua of Care are federally designated local planning bodies that coordinate housing and services funding for homeless individuals and families across the United States. Indiana has two formal Continua of Care: the Indianapolis Continuum and the Balance of State. LaPorte County falls into the Balance of State continuum, but it is difficult to do in-depth local planning through that venue since it covers such a large and diverse geographic area. To address local needs in LaPorte County, a team was formed to work on issues of homelessness at a local level. This group, the Home Team, includes a variety of representatives:

The Home Team has been meeting monthly since 2004 to develop strategies for preventing and eliminating homelessness, to encourage coordination of services between service providers in LaPorte County, and to identify gaps in services. A portion of the Home Team has also formed a Marketing Committee to increase awareness of homeless issues around the county. Anyone from the community is welcome to participate in monthly meetings and provide input into issues related to homelessness and housing.
The Home Team commissioned a needs assessment in 2006 that was conducted by the Indiana Coalition on Housing and Homeless Issues to assess the gaps in the homeless system. The study made nine recommendations to the Home Team, which they, in turn, endorsed. These recommendations included:

1. The LaPorte County Commissioners, local units of government, and the Home Team should work together to develop a 10 Year Plan to End Homelessness.
2. The LaPorte County Home Team should continue to encourage all homeless providers in the county to use the Homeless Management Information System (HMIS).
3. The Home Team should continue to function as the “core” Continuum of Care for LaPorte County and become more active in the regional planning process.
4. The Home Team should continue to be involved in the Consolidated Planning Process for the city of Michigan City, the city of LaPorte, and the State of Indiana, as well as encourage member organizations to submit Community Development Block Grant (CDBG), Home Investment Partnerships Program (HOME), and Emergency Shelter Grant (ESG) applications.
5. All affordable housing and homeless prevention and intervention providers in LaPorte County should continue to participate in the LaPorte County Homeward Bound Walk.
6. Local units of government in the county should work to ensure that all local funds available for providing affordable housing and ending homelessness are accessed and leveraged to obtain additional state and federal funds.
7. Homeless service providers and housing providers should consolidate and coordinate services.
8. There should be an enhanced information and referral system.
9. Implement transitional and permanent supportive housing.

The first recommendation, developing a Year Plan to End Homelessness, was seen as extremely important by the Home Team. The Home Team, with leadership from the Unity Foundation, hired the Social IMPACT Research Center (IMPACT) to develop and write LaPorte County’s Plan to End Homelessness (the Plan). IMPACT used a dynamic, interactive approach to develop the Plan in order to hear multiple people’s viewpoints, use the best information possible, and produce a user-friendly Plan to guide the county’s work in the future.

The second stage in the development was obtaining data specific to LaPorte County. An environmental scan was conducted to determine influencing trends such as poverty, housing costs, rental units, and income, that have contributed to the existence of homelessness in

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LaPorte County and that have the potential to impact the success of the Plan. Please see Appendix A for an in-depth look at the environmental scan.

Next, IMPACT developed a survey that was sent to service providers, hospitals, housing providers, and elected officials to gather information about the scope and dynamics of homelessness; the current homeless system infrastructure in terms of types and capacity of services, facilities, resources, coordination, and homeless tracking; and barriers, opportunities, and innovative idea to address homelessness.

IMPACT also conducted focus groups with 24 people who were experiencing homelessness, had been homeless in the past, or knew someone who was homeless. The focus groups were designed to document the unique experience of homelessness in LaPorte County, to document barriers to remaining stably housed, and to actively engage people experiencing homelessness in identifying solutions.

In addition to the surveys and focus groups, ten interviews were conducted with key stakeholders, including elected officials, community leaders, and service providers. Please see

After all data were collected, three community forums were held. Community residents were invited to attend and learn about homelessness in their county, as well as generally learn about LaPorte County’s Plan to End Homelessness. Community residents were able to ask questions and learn ways to get more involved.

Lastly, two strategic planning sessions took place with members of the Home Team. IMPACT presented preliminary results on the data that had been collected as well as challenges and best practices from around the country, and then the bulk of the meeting time was spent creating goals of the Plan and identifying action steps and time frames for achieving those goals. Please see Appendix B for more information on the Plan blueprint.

Throughout this process, many important details surfaced about the homeless system in LaPorte County. There are three main shelters in the county: one men’s shelter, one family shelter, and one domestic violence shelter. Together these three shelters have a total of 75 beds. There are over 50 housing and service providers in the county that assist clients who are at risk of homelessness or are currently homeless. According to service and housing providers, the current demand for services exceeds the capacity at many organizations. For that reason, and because not all necessary services, such as substance use treatment, emergency shelter, and permanent housing, are located in the county, providers often have to refer clients out of the county for vital services.

In addition, different organizations are providing similar services, making it difficult for clients to fully understand where to go for services. The system is not coordinated, and although providers work together on many projects, a Plan to End Homelessness is an important way to streamline goals, funding, and services in LaPorte County. The Plan will help enhance the
For the Plan to be successful and eliminate homelessness, it is vital that all systems in the county be involved - service and housing providers, schools, businesses, foundations, and government.
LaPorte County’s Plan to End Homelessness harnesses best practices, local realities, and community input to solve a problem that affects far too many lives: those who are at risk of homelessness, those who are experiencing homelessness, and their children, neighbors, friends, and family.

Guiding the Plan is a vision, the overarching goal for the Plan. LaPorte County’s Plan to End Homelessness *vision* is to:

**Work together to create a county where all residents will live a life free from homelessness.**

The mission is the way in which this vision will be achieved. LaPorte County’s Plan to End Homelessness *mission* is to:

**Strengthen communities in LaPorte County to prevent and eliminate homelessness by establishing a comprehensive, coordinated system that is supported by local government leaders and owned by the wider community.**

LaPorte County’s Plan to End Homelessness includes goals in three key areas of addressing homelessness: Prevention, Housing, and Income/Services. There are a total of 17 goals in the Plan, with a number of action steps established to reach each goal. These goals and action steps have been designed to serve those who have been identified as needing services in LaPorte County, to help service providers enhance and streamline services, and help funders of the homeless system target funding and community resources to prevent and end homelessness. For a detailed action plan for each goal, please see Appendix B.
HOMELESS PREVENTION GOALS

Those at risk of homelessness include low-income populations, especially those who may have lost their job, those who may have a potential housing crisis, and those who lack friends and family that can help support them during a crisis. Preventing people from becoming homeless is one of the most effective ways to end homelessness in LaPorte County. Through homeless prevention, individuals and families at risk of homelessness are targeted to receive assistance to maintain their housing. Currently, a large majority of homeless funding goes toward assisting people once they become homeless. LaPorte County is following the best practices model of preventing people from becoming homeless in the first place, instead of waiting until people become homeless before they receive services. The cost associated with assisting someone during a crisis and thus preventing a homeless episode is much less than the cost of providing services and housing once an individual or family becomes homeless. 64

Increase access to and funding for financial assistance

For many people, homelessness can be prevented by receiving emergency financial assistance with ongoing supports. To support its goal of preventing homelessness, LaPorte County has received money to launch the Homeless Prevention and Rapid Re-housing Program (HPRP), a federal program aimed at preventing homelessness in the first place, and helping people who are homeless move to permanent housing quickly, where they can stabilize and reduce stress as quickly as possible. See Housing Goals below to find out more about the Rapid Re-housing portion of this program.

Many things will happen in LaPorte County to achieve the homeless prevention goals:

First, in order to prevent homelessness, targeted outreach to people who are at risk of homelessness will be conducted to inform them of prevention funds that are available. Prevention funds are available for rental or mortgage assistance and utility bills. Reaching out to those who are at risk is a great way to provide prevention services to people before they become homeless. In addition, increasing the length of time for the assistance beyond a one-time payment, will allow the individual or family to become more financially stable.

Second, all people seeking homeless prevention funds from any social service or government agency in the county will be able to call a hotline, 2-1-1, and speak to a representative who has access to an up-to-date database of services in their community, such as monetary assistance, rental assistance, and other services. People seeking prevention funds in LaPorte County will be triaged to Housing Opportunities for intake, income verification, and assessment. If the person is seeking longer-term assistance they will be sent to Sand Castle Shelter or Catholic Charities to receive case management that will support them during their emergency or until they become stably housed and for a period of time following the assistance. People may also

receive other services for which they may be eligible such as counseling or referrals to substance use treatment.

These changes improve the system in the following ways:

- HPRP is bringing much needed new resources into the county at a time when incomes are declining and hardship is rising.
- The new triage process will limit the number of people accessing the wrong agencies for services; instead, it will be easier to communicate which agencies are providing which services.
- Centralizing the funding process will also increase coordination among assistance providers and create a more streamlined system.
- This best practice of linking financial assistance to case management can reduce future financial risk that may be incurred by the households.

Other financial assistance funds typically used for services that are not covered under HPRP will be streamlined to best effectively serve the need of people in LaPorte County. For example, since Sand Castle Shelter and Catholic Charities will be providing some prevention assistance for specific needs, other prevention assistance funds will be able to be used for other needs of the client.

Prepare clients to meet with township trustees to apply for Township Assistance

The township trustees throughout the county are able to distribute Township Assistance to residents in their respective townships. Township Assistance can be used for basic necessities, such as medical care, clothing, food, shelter, transportation, utilities, and household essentials. Currently, service providers and potential clients are not clear on the eligibility rules, the amount and types of assistance people can receive, documentation requirements, and the proper sequence as to when the assistance can be applied for. In order to clarify what this resource can be used for, when, and why, the Michigan Township trustee’s office has agreed to educate service providers on the rules and application process so they can inform their clients. This training will also need to take place with all of the relevant trustee offices and in an ongoing manner so new staff is informed of this important resource.

Enhance importance of personal financial literacy

Financial instability often contributes to homelessness. Tight budgets can lead to debt accumulation and late payments on bills and rent which can ultimately lead to eviction. Once homeless, it can be difficult to save money for rental applications and security deposits. The Plan seeks to increase financial literacy for people who are homeless or low-income in the community by increasing the offerings of financial budgeting, eviction prevention, foreclosure prevention, and credit counseling classes. Although these classes are already being offered by a number of agencies in the county, additional funding as well as an expansion to evening hours are needed to meet the needs of county residents.

Prevent those being discharged from health care
settings from becoming homeless

Discharge planning protocols that prevent homelessness are essential. This includes ensuring that people being discharged from hospitals, nursing homes, and mental health facilities are being discharged into appropriate housing. Not only is this better for people’s health and well being, it is also a more efficient way to manage resources. Many studies have shown that people who are homeless utilize more costly services, such as emergency rooms, inpatient mental health centers, and inpatient medical care, usually due to the lack of primary care physicians and the lack of preventive care.65 Without housing, their health often deteriorates which means that they may end up back in the hospital within a short amount of time after discharge. In order to effectively ensure discharge planning is in place in LaPorte County, a Health Care Ad Hoc Committee is being formed, comprised of health care providers and representatives from the Home Team. The committee will investigate, promote, and if possible, implement the following:

- Put in place protocols to screen people for homelessness upon entry into a health care or related facility.
- Have social workers develop discharge plans before people leave the institution.
- Develop relationships with housing and housing assistance providers to establish a meaningful referral and placement process.
- Ensure communications and follow-up once housing is in place by having a case manager provide services and referrals to other services as needed after discharge.

Prevent those being discharged from jails and prisons from becoming homeless

Similar to discharge from health care settings, discharge planning protocols that prevent homelessness are essential for jail and prisons. In order to effectively ensure these protocols are in place, a Corrections Ad Hoc Committee is being formed, comprised of representatives from the local Department of Corrections facilities and representatives from the Home Team. The committee will investigate, promote, and if possible, implement the following:

- Ensure that individuals are screened at intake to predict their risk of being homeless upon discharge.
- Create an individual discharge plan as early as possible in the individual’s stay. Each discharge plan will need to consider financial, medical, mental health, social support, benefits, employment training, as well as housing needs.
- Invite a relevant case manager from a social service agency and/or a housing locator to share office space on a semi-regular basis at the jail or prison to streamline the transition back into the community.

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Shelter people during unforeseen emergencies and rapidly re-house them

In some instances, there are unforeseen emergencies that cause people to need emergency shelter for short periods of time. It is important that stable housing is available and that the length of time spent in emergency housing is as brief as possible.

In order to more effectively shorten the length of homelessness, there are a number of steps that will be taken in LaPorte County:

- Implementation of the Rapid Re-Housing portion of the HPRP funds will help many people receive housing. This is primarily targeted at families and individuals who have lived independently in permanent housing in the past, and who will not likely need permanent supports to remain housed.
- Improving data tracking will give the Home Team a better idea about the needs of specific populations. Tracking will take place in HMIS, where all people will be entered into the database, whether or not they receive services at the particular agency they are requesting services from.

- All shelters will seek to improve their services. All shelter residents will be assessed for eligibility for HPRP funds. In addition, policies will be explored to determine if it is feasible for non-married couples to stay at Sand Castle Shelter.
- Changes will be made to the Interfaith Men’s Shelter. These include:
  - Housing the shelter at a permanent location instead of moving to different churches each night.
  - Determining if there is funding to staff a permanent employee that can provide services to the men, such as case management and referrals to health-related services.
  - Entering each client into the Homeless Management Information System (HMIS) to improve data collection about who needs the shelter.

Immediately house people who are being discharged from facilities and stabilize them in the community

The main institutions in LaPorte County that are discharging people are health care settings and prisons and jails. A subset of people do not have stable housing upon discharge and are at risk of both becoming homeless and returning to the institution from which they were released due to deteriorating health because they do not have a roof over their head or because they violated parole requirements related to housing. Transitional housing is designed to fill the gap between discharge from an institution or emergency shelter and the time needed to find and place someone
Have an adequate supply of permanent supportive housing for disabled populations

Supportive housing refers to affordable, individual units combined with supportive services to help people remain stably housed. Supportive housing can take the form of individual scattered apartments, entire apartment buildings of varying size, or single family homes. Supportive services such as case management, counseling, job training, and financial literacy are provided on site or through a local social service agency. This model generally targets those with a disability, such as mental illness or substance use.

Permanent supportive housing (PSH) has been repeatedly proven to be a cost effective solution for homelessness. Studies have shown that the cost of supportive housing is offset by the reduction in primarily state funded services such as jails, hospitals, mental health services, substance abuse treatment, and Medicaid services. The Plan supports this highly effective model.

The goal in LaPorte County is to develop 30 units of supportive housing by 2013. Targeted outreach to potential residents will take place when new units are a few months away from being ready for occupancy in order to most effectively serve those most in need of PSH. Relationships will be built with clients in shelters, and they will be referred to doctors to assess their disability status, and hence eligibility for the supportive housing.

In addition, there will be an investigation of master lease approaches with private market landlords. This is when organizations buy and hold the lease for a specific unit, then sublease it to an individual and provide supportive services along with the lease. This approach builds trust with landlords who may not be willing to rent to someone who was formerly homeless and may not have a past rental history. It also increases the stock of permanent supportive housing without having to develop new buildings.

Increase the amount of adequate, affordable, and safe housing available

Affordable housing is essential for low-income individuals and families. Housing is affordable when housing costs consume less than 30 percent of a family’s income. There are a variety of ways to increase the amount of affordable housing to those in

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need. The LaPorte County Plan aims to do the following:

- Housing locators will work with clients to access affordable apartments in the private market.
- Private market landlords will be convened to discuss different topics, such as renting to high-risk renters and participating in an online directory of landlords that lists affordable rental units available.
- To increase the number of units available for single men, the Michigan City Housing Authority’s transitional housing will be transformed into permanent affordable housing.
- The Home Team will investigate the need to develop a Community Housing Development Organization with the ultimate goal of leveraging new funding opportunities for affordable and permanent supportive housing.

In addition, to increase the safety of the current housing stock, the city of Michigan City received Neighborhood Stabilization Program funds to revitalize the Westside neighborhood. The revitalization will focus on demolitions of older homes, new construction of single family homes, and acquisition and rehabilitation of foreclosed properties. Constructing new homes and demolishing substandard homes will improve the housing stock for the city of Michigan City’s west side neighborhood and make it easier for homeowners to pay utility bills and keep up with routine maintenance.

Organize and increase funding streams to better support Plan housing goals

In order to effectively carry out the housing goals, all available funding streams for housing development and operations will be documented and assessed to determine where LaPorte County could leverage new funds and direct those funds toward areas of need. To increase awareness about the funding possibilities, providers will be educated about all existing funding streams for affordable and permanent supportive housing. In addition, the Planning Departments of the cities of Michigan City and LaPorte will present their Community Development Block Grant (CDBG) and Neighborhood Stabilization Program (NSP) fund usage to the city council. This will give the city council members an idea of the positive impacts of these funds for the community.

INCOME AND SERVICES GOALS

Building the infrastructure of the homeless system, such as increasing services and access to income supports, is also essential to ending homelessness. Supportive services, such as case management, mental health counseling, and financial budgeting are essential to stabilizing people who are homeless into housing. Also, increasing their income and access to income supports will increase their self-sufficiency, decreasing their chances of falling into homelessness again.

Make services more accessible

In order to allow easier access to services for clients, a committee of social service...
providers will determine the most efficient service referral system, such as a single point of entry for all services or allowing all providers to conduct standardized client intakes. Once agreement is reached a new system will be put in place and implementation monitored.

**Increase employment opportunities**

In order to be able to pay their rent and meet their basic needs, people need income, and for those who are not disabled, employment income is typically their only option. People who are homeless or were homeless in the past often have barriers to employment, such as poor employment histories, criminal records, or lack of skills. Relationships will be built with employers who are willing to employ people with employment barriers and who may offer additional employment training. In addition, there will be a push to increase adult education partnerships and to provide skill building and employment services at shelters to help people obtain jobs. Lastly, the Home Team will meet with Work One, a job training and placement agency in LaPorte County, to discuss setting aside workshops or resources for those who are or were formerly homeless and have barriers to employment.

**Increase access to income supports**

Ensuring that people in need have easy access to the income supports and benefits they for which they are eligible, such as SSI, SSDI, TANF, Medicaid, and SNAP (formerly food stamps), is an essential way to end homelessness and risk of homelessness. By increasing their incomes, people will have more money to make ends meet and will be less likely to be at risk of homelessness. To increase the number of people in the homeless system receiving income supports, all case managers will be trained about the benefits people can receive and eligibility requirements. This will ensure that all clients who meet with case managers will be assessed to determine eligibility for benefits. In addition, relationships will be built with Social Security and state government offices to help increase access to benefits for which clients are eligible.

**Increase quality of client data through HMIS**

A key source of data on homelessness is the Homeless Management Information System (HMIS). To date, the HMIS system in LaPorte County is used by only a handful of providers and as such cannot be used as a complete and reliable source of data on homelessness. LaPorte County plans to increase the number of providers using the HMIS system. They will then use the HMIS data to analyze the homeless system in many ways: how many people are homeless, how long people are homeless, the causes for their homelessness, what services they are accessing, and how long they are on waiting lists. This will help evaluate programs, address gaps in services, determine efficient allocation of resources, and measure outcomes. In order to have the best data quality possible, LaPorte County will review the data on a quarterly basis at a minimum.

**Increase access to transportation**
The majority of homeless services are offered in the cities of Michigan City and Laporte. Since there is no public transportation that bridges the two cities or those cities and rural communities, people who live in rural parts of the county without reliable transportation find it difficult to get to service providers. Accessing services in the face of transportation challenges is a significant problem in LaPorte County, due to the large size of the county area.

A large majority of low-income and homeless populations do not have personal transportation or have cars that are old, poorly maintained, and prone to breakdowns, making it hard to access services and employment. The Home Team seeks to obtain bus subsidies for those who cannot afford public transportation. In addition, car donations and van pools with major employers will be investigated to determine feasibility for homeless and formerly homeless clients to use where public transportation is not an option. LaPorte County can also join the Regional Bus Authority which would link transportation services within LaPorte County to those in Lake and Porter Counties.

**Continue to monitor and update services based on population needs**

Through the use of HMIS, service use will be tracked to identify gaps in services so that the needs of specific populations can be better served in the future, including single men, single parent-headed families, youth who have run away or were in foster care, and families headed by grandparents.

**Increase access to health services**

Many people who are experiencing homelessness suffer from chronic health conditions, such as heart disease, diabetes, and HIV/AIDS. Without adequate health care and a lack of stable housing, being homeless can intensify symptoms of illness. The Health Care Ad Hoc Committee, as mentioned in the *Prevention Goals*, will be responsible for creating seamless transitions from hospitals to community clinics, such as HealthLinc and LaPorte Community Health Center, for immediate follow-up with complete discharge plans. The goal is to increase follow-up care with less wait time and reduce the number of people being re-admitted to hospitals because of lack of follow-up care. In addition, the Health Care Ad Hoc Committee seeks to increase the capacity of health care providers to serve low-income populations in clinics.

**MARKETING GOALS**

In order to increase awareness of the Plan, a Martketing Working Group has developed goals. These goals are covered in the next section, *Implementing the Plan to End Homelessness*. 
IMPLEMENTING THE PLAN THE END HOMELESSNESS

Since the National Alliance to End Homelessness (NAEH) released *A Plan, Not a Dream: How to End Homelessness in Ten Years* almost 10 years ago, 234 cities, counties, states, and regions have developed plans to end homelessness. One hundred and eighty-five of those are county-wide plans. The first wave of communities that developed plans focused on ending chronic homelessness through outreach and services to those who are homeless. During recent years, plans have included other populations such as domestic violence survivors, families, and youth. They have also shifted to focusing more on homeless prevention and rapidly re-housing people once they become homeless.\(^\text{67}\)

Learning from the progress of plans across the country, NAEH recently identified four factors that are thought to lead to successful plan implementation: identifying a person or body of people who are responsible for implementation, setting numeric outcomes, identifying a funding source, and setting a clear implementation timeline.\(^\text{68}\)

In addition, the United States Interagency Council on Homelessness has identified additional best practices that lead to innovative Plans to End Homelessness:\(^\text{69}\)

- **Disciplined people** includes building community and political will around the implementation of the plan, facilitating partnerships with leaders in all arenas of society to work toward the plan, and develop solutions that are client centered and offer choice.

- **Disciplined thought** includes creating a Plan to End Homelessness much like a business plan with outcomes, best practices, and a timeline. Disciplined thought also includes realizing budget implications of homelessness and including innovative prevention and intervention approaches.

- **Disciplined action** includes a plan implementation team that keeps the document alive, that continually updates the plan, and that taps into traditional and non-conventional funding streams.

**Building Public and Political Will in LaPorte County**

The Marketing Working Group will create media attention around the Plan and its progress. The local media will be able to spread information about homelessness throughout the community.

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Hosting events when large parts of the Plan are launched or significant progress is realized is another strategy to increase attention for and support for the Plan.

Another important step will be to secure community buy in of the Plan and create ownership among community members. The Marketing Working Group will document and share with the community the positive impacts of permanent supportive housing, and will facilitate tours of successful permanent supportive housing. In addition, there will be an investigation into the creation of a speaker’s bureau, consisting of Home Team and community members, that presents the Plan to different groups, including neighborhood clubs, councils, and schools.

In addition to community buy in of the Plan, the Marketing Working Group will also strive to secure political buy in of the Plan. Local elected officials will be invited to Home Team meetings and contacted for individual meetings to learn about the Plan and their responsibilities as leaders. The Marketing Working Group will gather letters of support from elected officials in other communities with Plans to End Homelessness to raise awareness of the success of other communities and to help inform elected officials in LaPorte County about the Plan.

**Monitoring Progress and Updating the Plan**

The Home Team is responsible for continual monitoring, updating, and implementing the Plan’s goals and action steps. The Plan will be evaluated quarterly for progress and annually for effectiveness and will be updated to reflect any changes. The Home Team will seek updates and feedback from all working groups and ad hoc committees in order to be most informed on the Plan’s progress. Annually the Home Team will develop an update of the Plan to be made public and will continue to provide information to the community on the progress of the Plan.

In addition, the Home Team has made the following recommendations:

- Homeless system funders should align their funding streams with the goals of the Plan.
- LaPorte County Council and city councils in LaPorte County should adopt the Plan and align their policies with the Plan.
- Eliminate duplication of services provided by organizations for people experiencing homelessness and those at risk.
- One key point person should be appointed to see that each action step is completed within in each goal.
- One key point person should be in charge of each ad-hoc committee and report to the Home Team quarterly on their progress.
- Timelines be followed as closely as possible.
CALL TO ACTION

The task of eliminating homelessness from LaPorte County isn’t just for the Home Team. There are a variety of ways that you can become involved through the groups you are part of and the roles you hold in LaPorte County, whether that be as part of a community of faith or as an everyday citizen, an elected official, a business leader, a service provider that hasn’t been engaged in the Home Team before, or a landlord.

General Community
- Host a dinner for friends to discuss homelessness.
- Hold a block party to raise money for a local homeless organization of your choice.
- Attend community meetings to be informed of events in your neighborhood.
- Encourage others to read LaPorte County’s Plan to End Homelessness.
- Write a letter to your elected official about the Plan and ask for their support.
- Write a letter to the editor of your local paper about solutions to homelessness.
- Don’t make assumptions about people’s lives-- get to know people who are different than you.
- Hold a clothing or food drive with your friends and neighbors.

Faith Community
- Add volunteer opportunities with homeless agencies in bulletins and newsletters.
- Host speakers or workshops on homelessness and related issues.
- Be aware of available services and refer people to services when needed.
- Host financial management and budgeting workshops.
- Host a study group about why people of faith are called to stand for social justice and solutions to poverty.

Homeless Service Providers
- Send representative from your organization to monthly Home Team meetings if you are not already involved.
- Participate in the Homeless Management Information System.
- Collaborate with other service providers and streamline funding to best meet Plan goals.
- Include elements of the Plan in your organizations’ strategic plans.
**Elected Officials**

- Have conversations with service providers and other elected officials about the Plan.
- Have staff participate in Home Team meetings.
- Attend community events and show your support for the Plan.
- Advocate for policies that end homelessness.

**Landlords**

- Partner with service providers to develop affordable units for those who are homeless.
- Inform service providers about available affordable apartments for rent or participate in the landlord database.
- Allow low-income tenants to forgo security deposits or set up a payment plan when they are working with a service provider.
- Furnish each apartment with one piece of furniture for low-income families.
- Save decent furniture left from previous tenants and offer to low-income tenants upon move in.
- Do not have universal restrictions against housing people with criminal records—have flexibility and allow prospective tenants to explain their situation.

**People Experiencing or Who Have Experienced Homelessness**

- Set up a meeting with your local elected official to tell them your story and what types of things you need or needed to become stably housed.
- Attend monthly Home Team meetings and weigh in on what needs to be improved.
- Speak with media about homelessness so that others can be informed.
- Participate on tenant or client councils of local housing or service organizations.

**Businesses**

- Send representatives to monthly Home Team meetings.
- Distribute fact sheets to employees about public benefits such as cash assistance (TANF), SNAP (formerly food stamps), Medicaid, and the Earned Income Tax Credit.
- Advertise job openings at homeless service provider sites.
- Assess wage levels to determine if they are livable wages and if families can be self-sufficient.
- Sponsor fundraisers for homeless organizations.
- Serve on boards of directors of nonprofit organizations.
- Host financial literacy, English as a Second Language, and adult education classes on site during lunch hours.

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Appendix A: ENVIRONMENTAL SCAN

The homeless system is affected by a multitude of environmental factors, including poverty, employment, housing, migration, and the economy. There are currently many economic challenges in LaPorte County that affect the homeless service system and put people in precarious situations. Poverty is steadily growing in LaPorte County: since 1990, the number of people living in poverty has grown by 4,537, outpacing population growth. During this time of declining wages and incomes, prices for essential goods and services rose substantially, making it more difficult for families to make ends meet. This snapshot is designed to identify the current realities in LaPorte County in order to inform discussions on demands on the homeless system, unmet needs in the county, and service expansion and evolution.

LaPorte County is located 60 miles east of Chicago, with a land area of 613 square miles. The County contains portions of 16 different municipalities and is also comprised of 21 townships.  

LaPorte County has experienced limited population growth in the past few decades. While the state of Indiana as a whole had a 14.5 percent population growth rate from 1990 to 2007, LaPorte County’s population rose by only 3.0 percent or by 3,208 people and the vast majority of this very small population growth occurred during the 1990s. Since 2000, the net population growth in LaPorte County has been only 168 people. As of July 1, 2008, the county has a population of 110,888 people. Population projections indicate that LaPorte County will continue to experience limited population growth in the next 15 to 20 years. By 2030, the population in LaPorte County is projected to grow by only 1.1 percent, an additional 1,251 people over its 2000 population.

Risk Factors That Can Lead to Homelessness

Poverty

Poverty is defined by the federal government using an income threshold, also called the poverty line, which varies by family size. A family of three is considered poor if their annual income is below $18,310 and a family of four is considered poor with an annual income below $22,050 (Table 1). When people do not have

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Table 1- Federal Poverty Line and Self-Sufficiency Standard

<table>
<thead>
<tr>
<th>Family Size</th>
<th>Federal Poverty Line, 2009</th>
<th>Income Needed to be Self-Sufficient in LaPorte County, 2009</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>$18,310</td>
<td>$27,043</td>
</tr>
<tr>
<td>4</td>
<td>$22,050</td>
<td>$34,119</td>
</tr>
</tbody>
</table>

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adequate income to afford food, clothing, and rent, they can eventually fall into homelessness. In 2007, 14,649 individuals in LaPorte County have incomes below the official poverty line.\textsuperscript{74} This represents 14.1 percent or 1 in every 7 people in the county living in poverty. Because of the current economic downturn, the number of individuals in poverty is expected to increase.

The poverty measure has long since failed to give an accurate picture of what families need to realize a decent, though modest, standard of living. Estimates that take into account local costs reveal that it takes $27,043 in LaPorte County for a family of three and $34,119 for a family of four to make ends meet and be self-sufficient,\textsuperscript{75} meaning they do not have to rely on government income supports and private supports to help pay for their basic needs (Table 1).

Children and single adult headed households are disproportionately impacted by poverty. Nearly 6,087 LaPorte County children are in poverty (Table 2).\textsuperscript{76} This means that 24.1 percent or nearly 1 of every 4 children in the county is poor. Child poverty has grown substantially in the last few decades. Since 1990, the number of poor children in LaPorte County has grown by 55 percent and the rate of children who are poor has increased 64.5 percent.\textsuperscript{77} Households headed by single mothers have the highest poverty rate of any household type at 15.1 percent.\textsuperscript{78} Government support for single mother headed households is limited; in February of 2009, the average annual welfare cash grant (Temporary Assistance for Needy Families or TANF) received in LaPorte County was only $2,502 – far lower than the poverty line for any size family.\textsuperscript{79}

Poverty growth in LaPorte County has far outpaced population growth.\textsuperscript{80} Since 1990, the number of people living in the county rose by 3.0 percent, while the number of people living in poverty in LaPorte County increased by 44.9 percent. This is higher than in the neighboring Northwest Indiana region (comprised of Lake, Porter, and St. Joseph Counties), which has been especially hard hit by poverty too—since 1990 the number of people living in poverty in Northwest Indiana rose 27.2 percent.\textsuperscript{81}

\begin{table}[h]
\centering
\begin{tabular}{|l|c|c|}
\hline
Age Group & Number in Poverty & Poverty Rate \\
\hline
Children (0 to 17) & 6,087 & 24.1\% \\
Adults (18 to 64) & 7,156 & 11.2\% \\
Seniors (65+) & 1,406 & 9.5\% \\
\hline
TOTAL & 14,649 & 14.1\% \\
\hline
\end{tabular}
\caption{Number of People in Poverty and Poverty Rate, 2007}
\end{table}

\textsuperscript{74} Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.
\textsuperscript{76} Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.
\textsuperscript{77} Social IMPACT Research Center’s analysis of U.S. Census Bureau, 1990 Decennial Census & 2007 American Community Survey.
\textsuperscript{78} Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.
\textsuperscript{79} Indiana Family & Social Services Administration, Office of Data and Management. (2009). Indiana FACT: A comparative review of selected programs. LaPorte County. LaPorte, IN: Author.
\textsuperscript{80} Social IMPACT Research Center’s analysis of U.S. Census Bureau, Population Estimates and U.S. Census Bureau, 1990 Decennial Census & 2007 American Community Survey.
\textsuperscript{81} Social IMPACT Research Center’s analysis of U.S. Census Bureau, 1990 Decennial Census & 2007 American Community Survey.
In addition to more people living in poverty in terms of raw numbers, the rate of people who are poor has also grown from 10.1 percent in 1990 to 14.1 percent in 2007 – a 39.6 percent increase (Table 3). Among the increase in the rate of people who are poor outpaced Northwest Indiana’s regional poverty growth over this same time period.

Table 3 – Northwest Indiana and LaPorte County Poverty, 1990 & 2007, and Percent Change Over Times

<table>
<thead>
<tr>
<th>Year</th>
<th>Northwest Indiana</th>
<th></th>
<th></th>
<th>LaPorte County</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Number in Poverty</td>
<td>Poverty Rate</td>
<td>Number in Poverty</td>
<td>Poverty Rate</td>
<td></td>
</tr>
<tr>
<td>1990</td>
<td>95,154</td>
<td>11.5%</td>
<td>10,112</td>
<td>10.1%</td>
<td></td>
</tr>
<tr>
<td>2007</td>
<td>120,995</td>
<td>13.5%</td>
<td>14,649</td>
<td>14.1%</td>
<td></td>
</tr>
<tr>
<td>Percent Change 1990-2007</td>
<td>27.2%</td>
<td>17.4%</td>
<td>44.9%</td>
<td>39.6%</td>
<td></td>
</tr>
</tbody>
</table>

Among those living in poverty is a subset of people who live in the most dire form of poverty – extreme poverty. Extreme poverty means living with an annual income below half the poverty line (also called below 50 percent FPL) – less than $9,155 for a family of three and less than $11,025 for a family of four in 2009. At this very low income level, families do not have near enough money to pay for the most basic of their needs, such as housing, food, health care, and clothing. This results in families making untenable tradeoffs and going without certain needs being met. Extreme poverty is a reality for 6,023 people in LaPorte County. The number of people in extreme poverty has increased 33.4 percent since 1990, and the extreme poverty rate has risen from 4.5 percent in 1990 to 5.8 percent in 2007.

People who have incomes above the poverty line but under twice the poverty line (also called between 100 percent and 200 percent FPL) are not officially poor by the federal government’s definition, but still face serious struggles in being able to make ends meet. For a family of three, living under twice the poverty line means having an annual income below $36,620. For a family of four, it is under $44,100. In LaPorte County 19,063 people or 18.4 percent of the population have incomes between 100 percent and 200 percent of the poverty line. The number of people falling in this income range has remained largely the same since 1990.

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83 Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.
84 Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.
85 Social IMPACT Research Center’s analysis of U.S. Census Bureau, 1990 Decennial Census & 2007 American Community Survey.
An Overview of Poverty in Michigan City and the City of LaPorte

Thousands of people in both Michigan City and the city of LaPorte are living in poverty. The poverty rate in Michigan City is 19.8 percent and in the city of LaPorte, it is 11.9 percent. In both Michigan City and the city of LaPorte, children have the highest poverty rate of any age group. In Michigan City, one third of all children are poor.

Over 2,400 people in Michigan City and nearly 1,200 people in the city of LaPorte are living in extreme poverty with incomes below half the poverty line. The rates of people with low incomes, between 100 and 200 percent of the poverty line, are nearly identical in the two cities at almost 24 percent.

<table>
<thead>
<tr>
<th>Number of People in Poverty and Poverty Rate, 2005-2007</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age Group</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>Children (0 to 17)</td>
</tr>
<tr>
<td>Number in Poverty</td>
</tr>
<tr>
<td>Michigan City</td>
</tr>
<tr>
<td>2,327</td>
</tr>
<tr>
<td>Poverty Rate</td>
</tr>
<tr>
<td>32.3%</td>
</tr>
<tr>
<td>Adults (18 to 64)</td>
</tr>
<tr>
<td>Number in Poverty</td>
</tr>
<tr>
<td>Michigan City</td>
</tr>
<tr>
<td>2,920</td>
</tr>
<tr>
<td>Poverty Rate</td>
</tr>
<tr>
<td>16.8%</td>
</tr>
<tr>
<td>Seniors (65+)</td>
</tr>
<tr>
<td>Number in Poverty</td>
</tr>
<tr>
<td>Michigan City</td>
</tr>
<tr>
<td>389</td>
</tr>
<tr>
<td>Poverty Rate</td>
</tr>
<tr>
<td>10.0%</td>
</tr>
<tr>
<td>TOTAL</td>
</tr>
<tr>
<td>Number in Poverty</td>
</tr>
<tr>
<td>Michigan City</td>
</tr>
<tr>
<td>5,636</td>
</tr>
<tr>
<td>Poverty Rate</td>
</tr>
<tr>
<td>19.8%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Ratio of Income to Poverty, 2005-2007</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percent Federal Poverty Level (FPL)</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>0-49%FPL (Extreme Poverty)</td>
</tr>
<tr>
<td>Number</td>
</tr>
<tr>
<td>Michigan City</td>
</tr>
<tr>
<td>2,416</td>
</tr>
<tr>
<td>Rate</td>
</tr>
<tr>
<td>8.5%</td>
</tr>
<tr>
<td>0-99%FPL (Poverty)</td>
</tr>
<tr>
<td>Number</td>
</tr>
<tr>
<td>Michigan City</td>
</tr>
<tr>
<td>5,636</td>
</tr>
<tr>
<td>Rate</td>
</tr>
<tr>
<td>19.8%</td>
</tr>
<tr>
<td>100-199%FPL (Low Income)</td>
</tr>
<tr>
<td>Number</td>
</tr>
<tr>
<td>Michigan City</td>
</tr>
<tr>
<td>7,035</td>
</tr>
<tr>
<td>Rate</td>
</tr>
<tr>
<td>24.7%</td>
</tr>
</tbody>
</table>

Note: The data for LaPorte City and Michigan City are from the 2005-2007 American Community Survey (ACS) 3-Year Estimates. The ACS publishes 1-year estimates for geographies with populations of 65,000 and over and 3-year estimates for geographies with populations of 20,000 and over. This report uses 1-year estimates for analyses on LaPorte County and Northwest Indiana since the 1-year estimates are more current. For the city of LaPorte and Michigan City, the only available data are from the 3-year estimates program. Since the reference years differ between the 1-year and 3-year estimates, comparisons cannot be made between them.

Employment and Economic Trends

The employment picture in Indiana as a whole is characterized by a changing economy. In 1995, the manufacturing sector as a whole accounted for 24.5 percent of the LaPorte County’s total employment, but by 2008 only 19.9 percent of the workforce was employed in manufacturing. In addition to the decrease in manufacturing jobs, there has been a slight...
increase in service-producing jobs.\textsuperscript{87} The shift from goods-producing to service-providing industries can be troubling because of the significant wage disparity between the two. In 2008, the manufacturing sector in Indiana had average weekly wages of $761 while the average wage in accommodation and food services was only $219 (Table 4).\textsuperscript{88} The service industry is playing a vital role in bringing new jobs to the county; the challenge is that the majority of these service industry jobs do not pay a livable wage that allows a family to be self-sufficient. Without wages that are adequate to pay for housing, people rely on the social service system to make ends meet.

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Construction</td>
<td>$881</td>
<td>$889</td>
<td>0.9%</td>
</tr>
<tr>
<td>Manufacturing</td>
<td>$827</td>
<td>$761</td>
<td>-8.0%</td>
</tr>
<tr>
<td>Durable Goods</td>
<td>$860</td>
<td>$815</td>
<td>-5.2%</td>
</tr>
<tr>
<td>Fabricated Metal Products</td>
<td>$654</td>
<td>$614</td>
<td>-6.2%</td>
</tr>
<tr>
<td>Transportation Equipment</td>
<td>$1,055</td>
<td>$949</td>
<td>-10.0%</td>
</tr>
<tr>
<td>Non-Durable Goods</td>
<td>$732</td>
<td>$626</td>
<td>-14.4%</td>
</tr>
<tr>
<td>Retail Trade</td>
<td>$368</td>
<td>$353</td>
<td>-4.1%</td>
</tr>
<tr>
<td>Financial Activities</td>
<td>$507</td>
<td>$484</td>
<td>-4.5%</td>
</tr>
<tr>
<td>Health Care &amp; Social Assistance</td>
<td>$607</td>
<td>$619</td>
<td>2.0%</td>
</tr>
<tr>
<td>Accommodation &amp; Food Services</td>
<td>$195</td>
<td>$219</td>
<td>12.0%</td>
</tr>
<tr>
<td>Food Services &amp; Drinking Places</td>
<td>$187</td>
<td>$214</td>
<td>14.3%</td>
</tr>
</tbody>
</table>

LaPorte County experienced a steep decline in job growth rates since 2000.\textsuperscript{89} From 2000 to April 2009, total employment in the county fell 10.4 percent, from 52,295 to 46,422 (Figure 1).

\begin{figure}
\centering
\includegraphics[width=\textwidth]{Total_LaPorte_County_Employment_2000-April_2009.png}
\caption{Total LaPorte County Employment, 2000-April 2009}
\end{figure}


Unemployment rates in LaPorte County have increased dramatically in the past few years. In April of 2009, 11.6 percent of the labor force was unemployed, representing 6,167 workers. This unemployment rate is nearly twice as high as it was in January of 2007 (Figure 2). These unemployment figures include people who do not have a job, have actively looked for work in the prior 4 weeks, and are currently available for work. This definition of unemployment leads to an undercount as people who are discouraged from job seeking or those who are only marginally attached to the workforce (i.e., are not employed but currently want a job, have looked for work in the last 12 months, and are available for work) are classified as “not in the labor force” instead of “unemployed.”

Figure 2- Unemployment Rate in LaPorte County, January 2007 – April 2009

Nationally, 6.0 percent of people who are not in the workforce – people not captured in the unemployment rate – actually desire a job. In LaPorte County this means 2,015 people are not captured in the unemployment rate. Additionally, 13.1 percent of the part-time employed population is working part-time due to lack of full-time job availability or adverse business conditions indicating they are underemployed. It is also important to note that a portion of the population are not expected to participate in the labor force due to being over age 65, having a work-limiting disability, having full-time responsibilities in the home, or being a student.

Northwest Indiana’s employment decline mirrors state trends, though the region has experienced greater declines in employment than the state as a whole this decade (Figure 3). Since 2006, the region has experienced significant employment declines with employment
dropping sharply in the first few months of 2009.\textsuperscript{93} Looking at employment change from 2000 to April 2009 reveals that LaPorte County’s employment decline was greater than in surrounding counties. While LaPorte County’s total employment declined 10.4 percent over this period, Lake County experienced a 6.4 percent decline, Porter County a 0.6 percent decline, and St. Joseph a 9.8 percent decline.\textsuperscript{94}

**Figure 3 - Total Employment, Percent Change from Prior Year, 2000-April 2009**

comes and earnings in LaPorte County reflect the reality of a changing economy. Many households in the county are trying to get by with low incomes. Forty percent of households in LaPorte County have an annual income below $35,000 (Figure 4).\textsuperscript{95}

**Figure 4 - LaPorte County Annual Household Income, 2007**


\textsuperscript{95} Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.
From 2000 to 2007, both median earnings and median household incomes declined in LaPorte. The median annual earnings in LaPorte County in 2007 was $26,480. In terms of real dollars (adjusted for inflation) median annual earnings have dropped by $2,765 since 2000 (Figure 5). The median household income in LaPorte County is $43,480 meaning half of all households in the county have total annual incomes above $43,480 and half have total annual incomes that fall below. Similar to earnings, median household income has also declined, falling $8,070 since 2000.

Figure 5 - Annual Medium Household Income, 2000 and 2007, in 2007 dollars

Being employed is no guarantee against poverty and economic hardship. In LaPorte County, nearly 3,000 people who work (full time, year round or part time or part year) still fall below the poverty line. Poverty rates for people who are unemployed – meaning they are actively looking for employment – are considerably higher than the poverty rates for people who are employed and for people who are not in the labor force (Table 5).

Macroeconomic performance is commonly considered to be a key determinant of poverty. There are clear business cycle effects with poverty rates declining with economic expansions and rising during recessions. A strong economy typically results in reduction in poverty because more jobs are created, unemployment drops, and wages increase. Recessions, on the other hand, have a disproportionate impact on lower-income families because they cause rising unemployment, a reduction in work hours, and the stagnation of family incomes – all of which have the greatest impact for those with the least income to begin with.

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96 Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2000 Decennial Census & 2007 American Community Survey.
97 Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.
98 Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.
The cost of basic goods and services has risen substantially from 2000 to 2008 in the Midwest (Figure 6). This reality, combined with decreasing median incomes, is putting the pressure on LaPorte County families as they try to make ends meet. This combination of factors increases the likelihood that more individuals and households are at risk of homelessness.

**Figure 6 - Percent Change in Cost of Selected Goods & Services for Midwest Urban Consumers, 2000 - 2008**

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shelter</td>
<td>19.0%</td>
</tr>
<tr>
<td>Education and Communications</td>
<td>20.1%</td>
</tr>
<tr>
<td>Food and Beverages</td>
<td>25.3%</td>
</tr>
<tr>
<td>Transportation</td>
<td>29.0%</td>
</tr>
<tr>
<td>Medical Care</td>
<td>41.9%</td>
</tr>
<tr>
<td>Gasoline</td>
<td>116.5%</td>
</tr>
</tbody>
</table>

**Educational Attainment**

According to the Indiana Chamber of Commerce, 931,000 Indiana workers have an educational deficiency that limits their employability. For jobs that are in demand, these workers lack some kind of educational credential, such as a high school, associates, or bachelors degree. In LaPorte County:

- 46 percent of residents function at a level one or level two literacy level (out of five). Having a level two literacy level means that the person can locate two features of information in a sports article, but cannot integrate multiple pieces of information from one or more sources. Having a low literacy level severely limits the type of work a person can get.

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• 10,431 people, or nearly 14 percent, ages 25 and over do not have a high school diploma. 31,491 people, or 41 percent, have only a high school diploma. These percentages are generally the same for the state of Indiana as a whole.101
• 21 percent of all people living in poverty did not complete high school, and 48 percent have only a high school education.102
• Of all high school graduates in LaPorte County, a little over half went on to higher education, such as vocational school, or an associates or bachelors degree.103

There is potential for LaPorte County to develop jobs that pay decent wages but the workforce needs to have the skills to fill the jobs. Low educational attainment and low literacy levels are challenges to recruiting good jobs and helping families work their way out of poverty. Not having skills to compete in the workforce can be detrimental to individuals and families.

Incarceration and Re-Entry into the Community

People who spent time incarcerated face a number of barriers to successful reintegration into the community. In Indiana, people who have a drug-related felony on their record are not able to access the Supplemental Nutrition Assistance Program (food stamps) or Temporary Assistance for Needy Families (TANF), a cash assistance program, for the rest of their life.104 In addition, people with prior criminal convictions cannot have their felony expunged (removed from their record) in Indiana.105 This can make it extremely difficult to rent an apartment since many landlords perform background checks and are unwilling to rent to people with a record.

Nationally, less than 32 percent of state prison inmates have a high school diploma or a higher level of education, compared to 82 percent of the general population.106 Low educational attainment is another barrier to successful reintegration; without the ability to secure a job, it can become nearly impossible to pay rent.

When someone is discharged from a correctional institution, they are returned to the county where the crime was committed. In Indiana, there are numerous institutions people can be discharged from and released back to LaPorte County. In 2008, there were 141 prisoners released from Indiana Department of Corrections facilities across the state back into LaPorte County.107 In LaPorte County there are three state correctional facilities: Indiana State Prison, Lakeside Correctional Facility, and Westville Correctional Facility. In 2008108:

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101 Social IMPACT Research Center’s Analysis of US Census Bureau, 2008 American Community Survey.
102 Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2008 American Community Survey.
- 4 prisoners were released from the Indiana State Prison, maximum security, to LaPorte County.
- 13 prisoners were released from the Lakeside Correctional Facility to LaPorte County.
- 54 prisoners were released from Westville Correctional Facility to LaPorte County

The Bradley House is a half-way house for federal offenders who are nearing discharge. They discharged 201 people during 2008; however data are not kept at the Bradley House as to what counties people are released to.

There is a perception in the community that family members of people who are incarcerated in LaPorte County move to the county to be closer. Currently there is not tracking system to track the number of people who move to LaPorte County in order to be closer to the prisons inmates. There are a number of bussing services, predominantly from larger cities such as Indianapolis, that take monthly trips to Indiana State Prison and Westville for family and friends to visit inmates. This may deter family members from moving to LaPorte County because they have monthly transportation.

**Mental and Physical Disabilities**

People with disabilities are disproportionately represented among those in poverty and are at high risk of becoming homeless. Due to the instability of severe mental illnesses, people with a disabling mental illness can cycle in and out of homelessness if there are not services and housing specialized to their needs. In addition, it can be difficult for people with physical disabilities to find appropriate housing that is accessible and affordable.

Nationally, nearly 15 percent of people age 5 and over have a disability.\(^\text{109}\) In LaPorte County, that percent is slightly higher with nearly 17 percent (16,261 people) of people age 5 and over having a disability. In LaPorte County, people with a disability are 38.8 percent more likely to be poor than those without (Table 6).\(^\text{110}\)

<table>
<thead>
<tr>
<th></th>
<th>With a Disability</th>
<th>With No Disability</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Age 5 and over</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>16,261</td>
<td>80,249</td>
</tr>
<tr>
<td>Number in Poverty</td>
<td>2,617</td>
<td>9,321</td>
</tr>
<tr>
<td>Percent in Poverty</td>
<td>16.1%</td>
<td>11.6%</td>
</tr>
</tbody>
</table>

People with a disability are less likely to work than those without a disability in LaPorte County; nearly two thirds of people with a disability are not working compared to less than a quarter of those without a disability (Table 7).\(^\text{111}\) The average annual benefit received in 2007 in LaPorte County for Supplemental Security Income (SSI), the main government program for people with disabilities who have little or no income to meet basic needs, is $7,949—less than the poverty

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\(^\text{109}\) Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.

\(^\text{110}\) Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.

\(^\text{111}\) Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.
line for one person. In 2007, there were over 1,500 households in LaPorte County receiving SSI.112

<table>
<thead>
<tr>
<th>Age 16 to 64</th>
<th>Total</th>
<th>With a Disability</th>
<th>With a Disability, Not Working</th>
<th>No Disability</th>
<th>No Disability, Not Working</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>66,546</td>
<td>8,769</td>
<td>5,446</td>
<td>57,777</td>
<td>13,033</td>
</tr>
</tbody>
</table>

When people with a disability are able to work, they earn considerably less than their counterparts without a disability. The median annual earnings for people with a disability in LaPorte County is $2,798 less than the median earnings for people with no disability.113

People with special needs such as a disability, a mental illness, or a substance use issue can experience an intensification of their illness or a decline in functioning when they cannot find housing that meets their needs. This in turn further taxes existing systems like emergency rooms which are then used like primary care facilities or cold night shelters. It may even lead to inappropriate or prolonged institutionalization, which is costly.

Those receiving mental health care in LaPorte County come from a broad socioeconomic background. People with mental health and substance use issues often need a type of housing that is different than those without such complexities in their lives, especially if they are also economically vulnerable.

National research reveals that 2.6 percent of all adults have a severe and persistent mental illness.114 Among those most severely disabled with a mental illness are the approximately 0.5 percent of the population who receive disability benefits for mental-health related reasons from the Social Security Administration. Therefore, it is estimated in LaPorte County that there are 2,189 adults age 20 and over with a severe and persistent mental illness and 421 who receive disability benefits. It is this group of 421 severely mentally ill adults with limited financial resources that are most in need of housing and services.

In 2006, the National Alliance on Mental Illness graded each state’s mental health system, providing a baseline from which to improve upon. The grades are determined by 65 criteria, divided into four categories. In 2006 Indiana received a “D” and the same grade again in 2009. Indiana is one of 20 other states that received a “D” in 2009.115 Indiana has many areas to work on; however, there are three areas indicated in the scorecard for immediate improvement: the implementation of Medicaid managed care, reduced barriers to accessing psychiatric medication, and improved post-jail and re-entry diversion programs.

112 Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community survey.
113 Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.
In LaPorte County, 10.1 percent of adults have reported that they have been diagnosed with major depression by a physician at some point in their lives. This is higher than surrounding counties; 7.5 percent of adults in Lake County and 9.7 percent of adults in Porter County reported major depression. Even more adults in LaPorte County, 24.1 percent, reported that they had two or more years in their lives when they felt depressed or sad on most days. Among people with recognized depression, over half (57.7 percent) have sought professional help. This is significantly higher than Lake County (36.6 percent) and slightly higher than Porter County (50 percent).

In the Northwest Indiana region, people living at or below the poverty level were more likely to report depression that lasted two or more years. In 2005, 43.1 percent of people who lived at or below the poverty level reported depression, compared to 27.7 percent of people who lived between 100 and 200 percent of the poverty level.

If people who have a mental illness lack housing or are in unstable and/or unaffordable housing situations, people have difficulty getting or holding onto a job. People who need intense services and medication to function often cannot use or fully respond to professional services when their housing situation is unstable, exacerbating mental health issues. Additionally, service delivery can be interrupted when people have to move frequently or move too far away.

Precarious housing situations also lead to more problems with the police. People who are homeless often get citations for loitering, vagrancy, public urination, and other violations that are not crimes against property or people, but rather a byproduct of being homeless. Others must resort to desperate measures to survive, such as prostitution or theft and often become the victims of crime themselves. Unstable housing situations can also lead to civil court action such as evictions and foreclosures. These problems are avoidable, but without access to the housing they need to help them stabilize their lives, people struggling with a mental illness or substance use issue can become a drain on services and systems. These are not only individual problems - they affect the entire community, both with associated monetary costs and by impacting the quality of life.

**Substance Use and Abuse**

Substance use and abuse can be both a precipitating factor and a consequence of being homeless. Further, individuals who are homeless rarely have substance abuse disorders alone—many have serious mental illnesses and physical health problems which can be intensified by the use of substances. Nationally about half of homeless individuals who use

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substances also have a mental illness, referred to as co-occurring disorders. Individuals with co-occurring disorders are more likely to be homeless due to their complex needs.¹¹⁹

Nationally about one half of single adults who experience homelessness are alcohol users and one third use other substances. Data on the number of people who are substance users and who are homeless are not available for LaPorte County. It is documented however in the 2005 Northwest Indiana Epidemiology Report, 6.9 percent of alcohol drinkers in LaPorte County reported they were chronic drinkers, drinking 60 or more drinks in the last month. Chronic drinkers were mostly men.¹²⁰

The availability of alcohol treatment has increased since 2006. At the Swanson Center in 2006 alcohol-related admissions comprised 49 percent of all admissions. In 2008, that percentage increased to 64 percent due to an increase in capacity at the center.

**Domestic Violence**

When a person flees an abusive situation, they inevitably are leaving their housing behind. Without an alternate place to stay or adequate income to rent another apartment, women, especially those with children, and occasionally men, find themselves immediately homeless. Reports of domestic violence are higher among young adults, those living in poverty, and African American and Latino populations.¹²¹ Data are not available for the number of people who became homeless due to domestic violence in LaPorte County; however, in a 2005 survey 2.5 percent of all adults in LaPorte County acknowledged being a victim of domestic violence in the past five years.¹²² Relative to the population in 2008, 2.5 percent translates to 6,777 adults.¹²³ Stepping Stone Shelter for Women, a shelter for domestic violence and sexual assault survivors, reported serving 265 clients in 2008.

**Youth**

It is estimated that nationally between 1 million and 1.5 million teenagers experience at least one episode of homelessness each year. In LaPorte County, there are a lack of data specific to youth who are homeless, but there are data on risk factors. Certain groups of youth are more at risk of becoming homeless:

- **Being involved in the juvenile justice system:** Youth who have had contact in the juvenile justice system have an increased chance of becoming homeless.¹²⁴ Many studies have

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¹²⁰ LaPorte County Local Epidemiology and Outcomes Workgroup. (2009). The consumption and consequences of alcohol, tobacco, and other drugs in laPorte county. Healthy Communities
¹²³ Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2008 Annual Population Estimates.
shown that a third of homeless youth have been involved in the criminal system.\textsuperscript{125} Re-entering their communities after release can prove challenging due to barriers related to jobs, education, and housing as well as lack of acceptance by their family.

- **Dropping out of school:** In 2007, 219 youth dropped out of schools in LaPorte County.\textsuperscript{126} Without a high school diploma, finding a job with a livable wage is extremely difficult and can put youth without other supports at risk for homelessness.

- **Having children at a young age:** Though LaPorte County’s teen birth rate has declined from 2002 to 2006, the county has a higher teen birth rate (39.1 per 1,000) than the state of Indiana overall. In 2006, 703 (51.7 percent) of all births were to a non-married mother, and 93 of them were to single mothers under the age of 20 without a high school diploma.\textsuperscript{127}

- **Running away from home with no other place to go:** Youth who have been physically, mentally, or sexually abused may run away to escape the trauma. Approximately 40 to 60 percent of homeless youth have experienced physical abuse, and between 17 and 35 percent experience sexual abuse.\textsuperscript{128} With a lack of alternative places to stay, these youth often find themselves homeless.\textsuperscript{129}

- **Experiencing discrimination and hardship associated with being LGBTQ:** Nationally, 1 in 5 homeless teenagers self-identify as lesbian, gay, bisexual, transgendered, or questioning. Research shows that for this population, being kicked out of their homes because of their parent’s disapproval is the reason most LGBTQ youth become homeless.\textsuperscript{130}

Providers in LaPorte County report serving homeless youth who have experienced each of these issues and often multiple issues at a time. These circumstances often create situations in which youth are forced to support themselves, usually with no income. There is a lack of housing specifically for youth, and they often end up living doubled up with friends and other family members, in shelters, or on the streets.

### Single Parenthood

Poverty rates for single mothers and single fathers are far higher than for married-couple parents, indicating the importance of having two incomes to meet the cost of living in the county. This problem is even more prevalent among single teen parents. Especially for those without a solid education, finding higher-paying employment to support themselves can be challenging and they must often rely on their support system to help with childcare.


\textsuperscript{130} National Alliance to End Homelessness. (2009). A national approach to meeting the needs of LGBTQ homeless youth. Retrieved from http://www.endhomelessness.org/content/article/detail/2240
Over 13,000 families in LaPorte Counties have children under 18. There are 4,780 families (34.7 percent) that have related children under 18 that are run by a single householder; 6.8 percent are run by a male householder, and 28.0 percent are run by a female householder. Single-mother households have the highest poverty rate, 15.1 percent while 1.4 percent of single-father families and 5.3 percent of married-couple families with children are poor. The fact that single-mother households have a much higher poverty rate than single-father households points to enduring employment and wage discrimination for women.

The housing needs of single parents are similar to those of many other low-income groups. However, there is a particular need for this group to be in good school districts, to retain stable, quality housing for the health and well-being of their children, as well as adequate paying wages.

LaPorte County has a higher teen birth rate (39.1 per 1,000) than the state of Indiana overall, though the county has seen a decline in the number of teen births from 2002 to 2006 (Figure 7). In 2006, 703 (51.7 percent) of all births were to a non-married mother. Ninety-three babies were born to single mothers under the age of 20 without a high school diploma.

Figure 7 - Teen Birth Rate per 1,000 Females Age 15-17, 2002 and 2006

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131 U.S. Census Bureau, 2007 American Community Survey.
132 U.S. Census Bureau, 2007 American Community Survey.
Income Support Programs

Federal and state governments have a range of public benefits or income supports that are available to families who are struggling with poverty, low-wages, or unemployment and who meet certain eligibility criteria including income thresholds and asset limits. These income supports provide a vital lifeline for thousands of families in LaPorte County who would otherwise have even more difficulty meeting their basic needs.

The number of individuals receiving SNAP (formerly food stamps) in LaPorte County from 2000 to February 2009 rose by 9,782 increasing by 170.2 percent (Table 8).\textsuperscript{134} The number of families in LaPorte County receiving welfare cash grants, called Temporary Assistance for Needy Families or TANF, has remained virtually constant since 2003 despite dramatic increases in unemployment.\textsuperscript{135}

\begin{table}[h]
\centering
\begin{tabular}{|c|c|c|c|c|}
\hline
\textbf{Date Receiving} & \textbf{Food Stamps (persons)} & \textbf{TANF (households)} & \textbf{Medicaid\textsuperscript{138} (persons)} & \textbf{Supplemental Security Income - SSI\textsuperscript{139} (households)} \\
\hline
2000 & 5,747 & n/a & n/a & 1,640 \\
2001 & 6,266 & n/a & n/a & n/a \\
2002 & 7,276 & n/a & n/a & n/a \\
2003 & 8,699 & 800 & n/a & n/a \\
2004 & 10,174 & 835 & n/a & n/a \\
2005 & 10,782 & 828 & n/a & 767 \\
2006 & 11,397 & 857 & n/a & 1,580 \\
2007 & n/a & 883 & 16,567* & 1,551 \\
2008 & n/a & 880 & n/a & n/a \\
January 2009 & 15,248 & 832 & n/a & n/a \\
February 2009 & 15,529 & 799 & n/a & n/a \\
\hline
\end{tabular}
\caption{LaPorte County Income Support Receipt, 2000-February 2009}
\end{table}

Despite popular perceptions, the average benefit amounts for income support programs are quite low. The average annual benefit received in 2007 in LaPorte County for Supplemental Security Income (SSI), the main government program for people with disabilities who have little or no income to meet basic needs, is $7,949—less than the poverty line for one person. In 2007

\begin{itemize}
\item \textsuperscript{139} Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.
\end{itemize}
there were over 1,500 households in LaPorte County receiving SSI.\textsuperscript{140} In February of 2009, the average annual welfare cash grant (TANF) being received in LaPorte County is even less at only $2,502 – far lower than the poverty line for any size family.\textsuperscript{141} At that same time the average household food stamp benefit in LaPorte County was $266 a month.\textsuperscript{142}

**Current Renter and Owner Housing Analysis**

There are a total of 41,805 occupied housing units in LaPorte County; 10,654 (25.5 percent) are renter occupied and 31,151 (74.5 percent) are owner occupied.\textsuperscript{143,144} There are 6,457 vacant housing units; the vacancy rates are 0.4 percent for owner units and 7.7 percent for rental housing. The vast majority of owner housing in LaPorte County is a detached single unit (single family home) or an attached single unit (such as a town home) (Figure 8).\textsuperscript{145} Only 6.5 percent of owner housing has 2 or more units (such as a duplex or condominium building) or is a mobile home.

**Figure 8 - LaPorte County Owner Housing by Units in Structure, 2007**

- 91.4% 1, detached
- 2.1% 1, attached
- 0.8% 2 apartments
- 0.2% 3 to 4
- 0.5% 5 or more apartments
- 5.0% Mobile Home

Multi-unit housing can be more affordable due to lower taxes and can also offer a more

\textsuperscript{140} Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community survey.

\textsuperscript{141} Indiana Family & Social Services Administration, Office of Data and Management. (2009). Indiana FACT: A comparative review of selected programs. LaPorte County. LaPorte, IN: Author.

\textsuperscript{142} Indiana Family & Social Services Administration, Office of Data and Management. (2009). Indiana FACT: A comparative review of selected programs. LaPorte County. LaPorte, IN: Author.

\textsuperscript{143} U.S. Census Bureau, 2007 American Community Survey

\textsuperscript{144} A housing unit is owner occupied (owner housing) if the owner or co-owner lives in the unit. A unit is considered renter occupied (rental housing) if no owners lives there and the unit is rented for cash rent or occupied without payment of cash rent.

\textsuperscript{145} U.S. Census Bureau, 2007 American Community Survey
maintenance-free lifestyle for certain populations such as seniors. LaPorte County has about the same amount of these types of structures as neighboring counties (Table 9).

Table 9 - Owner-Occupied Housing by Units in Structure by County, 2007

<table>
<thead>
<tr>
<th>Units in Structure</th>
<th>LaPorte County</th>
<th>Lake County</th>
<th>Porter County</th>
<th>St. Joseph County</th>
</tr>
</thead>
<tbody>
<tr>
<td>1, detached</td>
<td>91.4%</td>
<td>88.9%</td>
<td>88.0%</td>
<td>94.7%</td>
</tr>
<tr>
<td>1, attached</td>
<td>2.1%</td>
<td>5.7%</td>
<td>3.3%</td>
<td>2.3%</td>
</tr>
<tr>
<td>2 or more units or other</td>
<td>6.5%</td>
<td>5.4%</td>
<td>8.7%</td>
<td>3.1%</td>
</tr>
</tbody>
</table>

Rental housing in LaPorte County is much more likely to consist of multiple unit structures than owner housing (Figure 9). 60.5 percent of rental housing structures have two or more units or are mobile homes or other types of housing, compared to only 6.5 percent of owner housing.146

Figure 9 - LaPorte County Rental Housing by Units in Structure, 2007

Housing in LaPorte County is generally in good condition. Five hundred eighty-six housing units in the county lack complete plumbing facilities, meaning they do not have hot and cold piped water, a flush toilet, or a bathtub or shower in the unit. Fifty-nine percent of the units without complete plumbing facilities are owner occupied and 16 percent are renter occupied. 294 housing units lack complete kitchen facilities, meaning they lack a kitchen sink, a stove, and a refrigerator in the unit. 86.1 percent of these housing units were rental units.

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146 U.S. Census Bureau, 2007 American Community Survey
Renter households in LaPorte County are more likely to be larger and to be family households than in most neighboring counties, but LaPorte County is less likely than Lake, Porter, and St. Joseph Counties to have larger rental units available for families (Table 10). The majority of the rental housing units in LaPorte County (64.6 percent) have two bedrooms or less indicating a lack of rental units for housing larger families (Table 11).

Table 10 - Renter Household Characteristics by County, 2007

<table>
<thead>
<tr>
<th></th>
<th>1-2 Person Household</th>
<th>4 or more Person Household</th>
<th>Family Household</th>
<th>Family Headed by Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>LaPorte County</td>
<td>61.6%</td>
<td>27.9%</td>
<td>57.2%</td>
<td>24.4%</td>
</tr>
<tr>
<td>Lake County</td>
<td>67.1%</td>
<td>18.5%</td>
<td>52.4%</td>
<td>28.1%</td>
</tr>
<tr>
<td>Porter County</td>
<td>63.3%</td>
<td>21.7%</td>
<td>48.5%</td>
<td>19.4%</td>
</tr>
<tr>
<td>St. Joseph County</td>
<td>70.3%</td>
<td>18.5%</td>
<td>46.3%</td>
<td>18.9%</td>
</tr>
</tbody>
</table>

Table 11 - Number of Bedrooms in Rental Housing by County 2007

<table>
<thead>
<tr>
<th>Number of Bedrooms</th>
<th>LaPorte County</th>
<th>Lake County</th>
<th>Porter County</th>
<th>St. Joseph County</th>
</tr>
</thead>
<tbody>
<tr>
<td>None or 1</td>
<td>34.7%</td>
<td>36.2%</td>
<td>29.4%</td>
<td>34.8%</td>
</tr>
<tr>
<td>2</td>
<td>29.9%</td>
<td>45.1%</td>
<td>44.4%</td>
<td>36.5%</td>
</tr>
<tr>
<td>3 or more</td>
<td>35.4%</td>
<td>29.7%</td>
<td>26.2%</td>
<td>28.6%</td>
</tr>
</tbody>
</table>

Nearly 731 households in LaPorte County are living in crowded conditions.147 A housing unit is considered crowded if there is more than 1 person per room. Renter households have much higher rates of crowding than owner households. In LaPorte, 3.4 percent of all renter households are crowded and 1.2 percent of owner households are crowded.148

Figure 10 – LaPorte County Housing by Year Structure was Built by Tenure, 2007

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147 Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.
148 Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.
Rental housing in LaPorte County is much more likely to be older than owner housing (Figure 10). Rental housing has a greater proportion of older housing units; 93.1 percent of rental housing units were built before 1990 compared to 77.7 percent of owner-occupied units.  

Indiana had the 11th highest foreclosure rate in the nation in 2008, with foreclosures up 54.7 percent since 2007 and 113.6 percent since 2006. LaPorte County had 931 foreclosures in 2008. This means that at the end of 2008, nearly 1 in every 33 LaPorte County households was in some state of foreclosure.  

The trend in foreclosures has implications beyond the individual families that are displaced. Research shows that foreclosures negatively impact surrounding home values. The declining value of the foreclosed home and surrounding homes leads to less tax revenue when properties are reassessed, leaving less revenue to support schools and other vital community services. When a foreclosed home remains vacant, municipalities are not receiving sewer and water revenue on that home resulting in a further erosion of revenue. The damage of the foreclosure crisis also has implications to push more and more families looking for rental housing into an already tight rental market.  

Having an adequate supply of affordable housing is vital for reducing homelessness and housing instability for extremely low-income households. Although the housing market has slowed down recently, it has not, however, resolved the serious affordability challenges that low- and even moderate-income families face in LaPorte County, and since the trend is unlikely to be long term, it will not alleviate the problem in the future. High housing costs, coupled with stagnating or declining incomes and earnings, results in housing becoming more and more unaffordable. Housing costs are considered affordable if they consume less than 30 percent of a household’s income.

An analysis of Fair Market Rents reveals that rents rose by 45 percent in LaPorte County from 2000 to 2009.  The 2009 Fair Market Rent (FMR) for a two-bedroom unit in LaPorte County is $673. In LaPorte County, workers need to earn nearly $13.00 an hour to afford a two-bedroom apartment at the FMR. A worker who gets paid Indiana’s minimum wage of $6.55 an hour would need to work 79 hours a week in LaPorte to be able to afford a two-bedroom apartment at the FMR (Table 12).  

<table>
<thead>
<tr>
<th>Fair Market Rent (FMR) for 2BR, 2009</th>
<th>Estimate of Mean Renter Hourly Wage, 2009</th>
<th>Monthly Rent Affordable at Mean Renter Wage, 2009</th>
<th>Wage Needed to Afford 2BR FMR, 2009</th>
<th>Work Hours per Week at IN Min. Wage to Afford 2BR FMR, 2009</th>
</tr>
</thead>
<tbody>
<tr>
<td>$673</td>
<td>$9.81</td>
<td>$510</td>
<td>$12.94</td>
<td>79</td>
</tr>
</tbody>
</table>

149 Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.  
The opposite of being able to afford housing is having a high housing cost burden. Households are cost burdened when they spend 30 percent or more of their income for housing. The rate of cost-burdened households has increased significantly in LaPorte County. This leaves less money for other essentials such as food, medication, and transportation.

LaPorte County has a homeownership rate of 74.5 percent.\textsuperscript{153} From 2000 to 2007, the percent of homeowners paying over 30 percent of their income toward housing costs increased by 6.2 percentage points to 23.0 percent (Figure 11). The percent of homeowners paying over half their income toward housing more than doubled from 2000 to 2007.

**Figure 11- LaPorte County Owner Households by Cost Burden and Severe Cost Burden, 2000 and 2007**

The remaining 25.5 percent of households rent.\textsuperscript{154} In 2007, 39.1 percent of all renter households were paying over 30 percent of their income toward rent (Figure 12). Almost one in six (16.5 percent) of all renter households in LaPorte are severely rent burdened, paying half their income toward their housing costs.\textsuperscript{155}

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\textsuperscript{153} Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.

\textsuperscript{154} Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2000 Decennial Census & 2007 American Community Survey.

\textsuperscript{155} Social IMPACT Research Center’s analysis of U.S. Census Bureau, 2007 American Community Survey.
A three-year estimate from 2005-2007 indicates that in Michigan City, 47.9 percent of renters were paying over 30 percent of their income and 24 percent were paying over 50 percent of their income. 40.8 percent of all renters in LaPorte City were paying over 30 percent of their income toward rent, and 14.2 percent of all renters were paying over 50 percent of their income toward rent.\textsuperscript{156}

In LaPorte County, one out of every three renter families are poor. Renter families are 5.6 times as likely to be poor as owner families.\textsuperscript{157} Of all families that are poor in LaPorte, 60.5 percent are renter households and the remaining 39.5 percent are owner households.\textsuperscript{158}

**Homeless Count**

By the U.S. Department of Housing and Urban Development’s (HUD) definition, a person is homeless if they lack a fixed, regular, and adequate nighttime residence and if a person has a primary nighttime residence that is a temporary shelter, an institution that provides a temporary residence for individuals intended to be institutionalized, or a public or private place not designed for regular sleeping accommodation.

A total of 7,358 individuals in Indiana were counted as homeless in the 2007 point-in-time Homeless Count (Table 13).\textsuperscript{159} This count represents the number of people homeless on a cold
winter night and does not represent the number of people homeless during the course of a full year.\textsuperscript{160} LaPorte County homeless service providers submit their point-in-time homeless count to HUD through the Indiana Balance of State report. As a result of the current recession, approximately 16,400 additional Hoosiers may experience homelessness by the end of 2010, absent effective interventions.\textsuperscript{161}

In 2007, 4,906 individuals were homeless in the Balance of the State.\textsuperscript{162} Data from the point-in-time counts specific to LaPorte County is only complete for 2009, where they found 62 people who were counted as homeless.

<table>
<thead>
<tr>
<th>Table 13 – Homeless Population- Point in Time Count\textsuperscript{163}</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>State</strong></td>
</tr>
<tr>
<td>Emergency shelter</td>
</tr>
<tr>
<td>Transitional shelter</td>
</tr>
<tr>
<td>Unsheltered</td>
</tr>
<tr>
<td>Chronically homeless</td>
</tr>
<tr>
<td>Total</td>
</tr>
</tbody>
</table>

\textsuperscript{163}Includes Balance of State numbers

The HUD definition of homelessness is narrow and can be thought of as an extremely conservative measure of homelessness. There are millions of families and individuals in the United States who do not meet the HUD definitions of homelessness but are doubled up, meaning that they are living with relatives, friends, or others because of economic reasons. Additionally, there are many methodological challenges with the point-in-time homeless count that certainly leave it a gross undercount of homelessness.

**Homeless Housing**

Public housing authorities are key players in the affordable housing context. Since 2000, housing authorities have experienced continuing declines in federal funding levels for housing assistance programs. These funding declines, along with new rules that affect how housing authorities operate and fund their programs, have resulted in long waiting lists for housing assistance. The Michigan City Housing Authority offers Section 8 Housing Choice Vouchers and

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\textsuperscript{162} In 2007, the Balance of State excluded Indianapolis Continuum of Care and the South Bend/Mishawaka/St. Joseph Continuum of Care. In 2006, the Balance of State only excluded Indianapolis, but in 2005, it excluded Indianapolis, the South Bend/Mishawaka/St. Joseph CoC and the Evansville/Knox, Vanderburgh Counties CoC.


\textsuperscript{164} Indiana Balance of State HUD SuperNOFA Application, Exhibit 1: Housing Inventory and Unmet Need, 2009.
public housing units. Housing Choice Vouchers provide direct rental assistance to renter households to enable them to find their own housing in the private housing market. The voucher amount is based on the rent and utility costs of a unit, the family’s annual adjusted income, and a payment standard set by the local housing authority based on the local Fair Market Rent.

As of May of 2009, the Michigan City Housing Authority operates 261 Housing Choice Vouchers and 177 public housing units. These numbers have not changed in the past five years. At this time, there are 295 individuals on the waiting list for Housing Choice Vouchers and 794 individuals on the waiting list for public housing slots. The Michigan City Housing Authority also operates 6 transitional housing units for single men. 165

In addition to the Michigan City Housing Authority, there are also temporary shelter, transitional shelter, and permanent supportive housing units that are operated by various agencies and organizations throughout LaPorte County. The number of available beds for those who are homeless has almost remained constant for the past five years. There has been a slight increase in the number of shelter beds for individuals (Table 14). 166

<table>
<thead>
<tr>
<th>Beds</th>
<th>2005</th>
<th>2006</th>
<th>2007</th>
<th>2008</th>
<th>2009</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shelter individual beds</td>
<td>16</td>
<td>16</td>
<td>16</td>
<td>16</td>
<td>34</td>
</tr>
<tr>
<td>Shelter family beds</td>
<td>49</td>
<td>49</td>
<td>49</td>
<td>49</td>
<td>41</td>
</tr>
<tr>
<td>Transitional housing individual beds</td>
<td>11</td>
<td>11</td>
<td>11</td>
<td>11</td>
<td>11</td>
</tr>
<tr>
<td>Transitional housing family beds</td>
<td>43</td>
<td>43</td>
<td>43</td>
<td>43</td>
<td>46</td>
</tr>
<tr>
<td>Permanent supportive housing individual beds</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>10</td>
</tr>
<tr>
<td>Permanent supportive housing family beds</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Total beds</td>
<td>119</td>
<td>119</td>
<td>119</td>
<td>119</td>
<td>140</td>
</tr>
</tbody>
</table>

Transitional housing is affordable housing that is time-limited, meaning the family or individual can only live there for a certain period of time. During their stay in transitional housing, an individual or family can receive supportive services that will ready them to move into a permanent housing unit. In LaPorte County, there are currently 57 transitional beds (not including halfway house beds), with the majority being reserved for families.

Permanent supportive housing is affordable housing for homeless persons with disabilities that is not time-limited and is linked with case management services that enable residents to remain housed. Residents generally are required to pay no more than one third of their income for the housing. Supportive housing providers offer case management, which includes life skills training and linkages to other needed services such as physical and mental health services, substance use treatment and support, and employment services. In 2009, there are only 10 permanent supportive housing beds in LaPorte County.

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165 Michigan City Housing Authority. Personal communication, C. Combs, 5-22-09.
166 Indiana Balance of State HUD SuperNOFA Application, Exhibit 1: Housing Inventory and Unmet Need, 2007.
Summary

Recent and current poverty, economic, and housing trends illustrate how financial and housing stability have eroded for many people in LaPorte County, putting them at greater risk of homelessness:

- 1 in 7 people in LaPorte County live in poverty.
- From 1990 to 2007, there was almost a 40 percent increase in the number of people living in poverty.
- In April 2009, 11.6 percent of people in LaPorte County were unemployed.
- Declines in median earnings and median household income are leaving families with less money to meet their basic needs.
- In 2007, nearly 40 percent of renters were rent burdened, paying over 30 percent of their income on rent and utilities.
- In 2007, 219 youth dropped out of school.
- 17 percent of people age 5 and over have a disability.

These trends, which are often out of the control of those experiencing them, influence people’s housing stability in profound ways. Having stable housing is one of the most basic human needs. In its absence it becomes difficult to be a productive member of society – to find and hold a job, to access education, or to take care of health and family needs.

It is important that communities develop strong systems of response and actively plan to address the needs of those both facing homelessness and those at risk of becoming homeless. With the advent of its Plan to End Homelessness, LaPorte County is doing just that—developing solutions in the face of the many barriers and challenges presented here.
<table>
<thead>
<tr>
<th>PREVENTION GOAL</th>
<th>ACTION STEPS</th>
<th>TIMELINE</th>
<th>BENCHMARKS</th>
</tr>
</thead>
</table>
| Increase access to and funding for financial assistance | Conduct targeted outreach to people who are at risk of homelessness at:  
- Unemployment offices  
- Eviction court  
- Churches  
- Human resources departments  
- WIC offices  
- Trustee offices  
- Department of Children Services  
- Work Release programs  
- Food pantry/soup kitchens | Winter 2009-ongoing | There will be an increase in the number of people receiving prevention assistance, thereby, decreasing the number of people who become homeless. |
| | Investigate offering free and/or reduced cost legal services to prevent evictions to low-income renters. | Winter 2009-Winter 2010 | Fewer people will be evicted from their apartments and will be able to work out alternative financial payments. |
| | Implement new service delivery model with HPRP funds:  
- People call 2-1-1 for referral to Housing Opportunities  
- Triage everyone to Housing Opportunities for intake, income verification, and for prevention funds  
- Assign each recipient a case manager from Sand Castle Shelter or Catholic Charities to see them through to permanent housing and follow up  
- Bring services to city of LaPorte a few days a week to reduce transportation difficulties | Winter 2009-Winter 2012 | There will be a decrease in the amount of time people spend in homelessness. |
| | Assess lessons learned from HPRP and apply them to other prevention funds (CDBG, FEMA, Township Trustee, etc):  
- Standardize forms  
- Develop criteria for who provides what service  
- Allow for utility bills or rental assistance to continue for longer than one month at a time | Winter 2009-Winter 2012 | Prevention funds will be distributed based on best practices from HPRP. There will be a more uniform system for people to access funds. |
- Identify gaps that HPRP funds are not covering, and only offer those services

<table>
<thead>
<tr>
<th>Action</th>
<th>Time Period</th>
<th>Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>Seek sustainable ways of continuing HPRP services once funds run out.</td>
<td>Winter 2011-Fall 2012</td>
<td>HPRP funds will continue to serve the county.</td>
</tr>
<tr>
<td>PREVENTION GOAL</td>
<td>ACTION STEPS</td>
<td>TIMELINE</td>
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<tr>
<td>--------------------------------------</td>
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<tr>
<td>Prepare clients to meet with township trustee to apply for Township Assistance</td>
<td>Host trainings by Michigan Township Deputy Trustee to educate providers about what clients need to bring for the application, what the eligibility criteria are, and what benefits are offered.</td>
<td>Winter 2009- Ongoing</td>
</tr>
<tr>
<td></td>
<td>Continue to educate providers that Township Assistance funds are a last resort for funds.</td>
<td>Winter 2009- Ongoing</td>
</tr>
<tr>
<td>PREVENTION GOAL</td>
<td>ACTION STEPS</td>
<td>TIMELINE</td>
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</tr>
<tr>
<td>Enhance importance of personal financial literacy</td>
<td>Obtain additional funding for classes (rent counseling, eviction prevention, credit counseling, financial budgeting).</td>
<td>Winter 2009- Winter 2010</td>
</tr>
<tr>
<td></td>
<td>Expand classes to evenings for those who work during the day.</td>
<td>Winter 2009- Winter 2010</td>
</tr>
<tr>
<td>PREVENTION GOAL</td>
<td>ACTION STEPS</td>
<td>TIMELINE</td>
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</tr>
</tbody>
</table>
| Prevent those being discharged from health care settings from becoming homeless | Create a committee of health care providers that investigates and determines a system for:  
• Screening people for homelessness upon entry  
• Linking people with a case manager after discharge  
• Creating automatic referrals to organizations for services once discharged  
• Utilizing less costly services such as in-home nursing care instead of nursing homes. | Winter 2009-Winter 2010 | There will be a decrease in the amount of people being discharged to homelessness. |
<table>
<thead>
<tr>
<th>PREVENTION GOAL</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Prevent those being discharged from jails/prisons from becoming homeless</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ACTION STEPS</th>
</tr>
</thead>
</table>
| Create a committee of jail and prison discharge planners that investigates:  
  • Screening at intake to predict an individual’s risk of becoming homeless upon discharge  
  • The possibility of a housing locator being placed in the jail and prison  
  • The possibility of having an organization place a case manager in the jail and prison  
  • An individualized discharge plan is developed as early as possible in the individual’s stay. Needs to be considered by the discharge plan include:  
    o Financial/income  
    o Medical needs, including access to medication and outpatient care  
    o Mental health needs, including access to medicine and outpatient care  
    o Social support from family, friends, etc.  
    o Eligibility for public benefits and entitlements  
    o Housing  
    o Employment training |

<table>
<thead>
<tr>
<th>TIMELINE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Winter 2009-Winter 2010</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>BENCHMARKS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fewer people in jails and prisons will be discharged into homelessness.</td>
</tr>
<tr>
<td>HOUSING GOAL</td>
</tr>
<tr>
<td>--------------</td>
</tr>
</tbody>
</table>
| **Shelter people during unforeseen emergencies and rapidly re-house them** | Investigate and determine permanent shelter location or leasing units for sheltering single adults, with possibilities being:  
• Township or city land donations  
• Knights of Columbus space | Winter 2009-Spring 2011 | Locate and create 10 permanent beds at crisis shelter. |
| | Enhance Men’s Shelter by:  
• Assessing all residents for HPRP  
• Exploring funding to staff shelter in the winter  
• Allowing shelter residents to stay during the day to receive job training, case management, counseling, etc.  
• Making sure residents are in HMIS | Winter 2009-Winter 2010 | • All residents who are eligible are receiving HPRP services  
• Funds are identified for support staff member  
• Residents will have access to services during the day on-site  
• All residents will be entered into HMIS |
| | Change shelter policies so that non-married couples can live together | Winter 2009 – Summer 2010 | Rules are implemented that allow non-married couples to live together at a shelter. |
| | To better understand need, track under-served populations, including:  
• Single men  
• Single females: Stepping Stone Shelter will enter client data into HMIS for non-domestic violence related women and Sand Castle will enter  
• Youth/runaways: track free and reduced lunch applications at schools  
• Grand families  
• Veterans | Winter 2009 – ongoing | All people who seek homeless services are entered into HMIS whether or not they receive services. When HMIS data are analyzed, look at gaps in need and services |
<p>| | Assess all people at Sand Castle and Stepping Stone shelters for HPRP services. | Fall 2009-Fall 2011 | All residents who are eligible are receiving HPRP services. |</p>
<table>
<thead>
<tr>
<th>HOUSING GOAL</th>
<th>ACTION STEPS</th>
<th>TIMELINE</th>
<th>BENCHMARKS</th>
</tr>
</thead>
</table>
| Immediately house people who are being discharged from facilities and stabilize them in the community | Create transitional housing units for people who are discharged from health care settings but are not able to live independently until their health stabilizes further:  
• Investigate better use of Shelter Plus Care funds for this purpose | Winter 2009-Winter 2012 | Create transitional housing units for those discharged from health care settings. |
|                                                                            | Create transitional housing units for people being released from state prisons into the county who have no other stable housing options:  
• Access allocated state funding that exists for this purpose  
• Retain better data on the number in the homeless system who came from prisons | Winter 2009-Winter 2012 | • Create transitional housing units for those discharged from state prisons  
• Track offender record in HMIS                                            |
<table>
<thead>
<tr>
<th>HOUSING GOAL</th>
<th>ACTION STEPS</th>
<th>TIMELINE</th>
<th>BENCHMARKS</th>
</tr>
</thead>
</table>
| Have an adequate supply of permanent supportive housing for disabled populations | Create permanent housing:  
- with supportive services  
- that is scattered as well as congregate  
- for singles and families  
- that is close to services: groceries, health care, schools  
Investigate and develop master lease approaches with private market landlords. | Spring 2010 – Spring 2013 | Create 30 new units of permanent supportive housing in the city of Michigan City and 6 in the city of LaPorte, with a mix of scattered/congregate site for singles/families. |
| Outreach to target people most in need of PSH:  
- Begin building relationships with people in shelters to prepare for Housing Opportunities PSH  
- Link shelter residents with doctor to get disability documentation process started | Winter 2009 – Spring 2010 | Additional scattered site PSH is created.  
- All people in shelter will be assessed for Housing Opportunities PSH  
- Disability status decisions will be made for all people before PSH opens |
<table>
<thead>
<tr>
<th>HOUSING GOAL</th>
<th>ACTION STEPS</th>
<th>TIMELINE</th>
<th>BENCHMARKS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Increase the amount of adequate, affordable, and safe housing available</td>
<td>Develop clean, decent, and stable, affordable housing for adults and families in need and spread it throughout the county.</td>
<td>Fall 2009-Fall 2012</td>
<td>100 units of housing will be developed or subsidized for low-income singles/families.</td>
</tr>
<tr>
<td></td>
<td>Transition Housing Authority transitional housing for men to low-income rental housing (maintain homeless requirement) so they can live there permanently.</td>
<td>Fall 2009 – Winter 2010</td>
<td>Housing Authority will increase permanent rental units to low-income single men.</td>
</tr>
<tr>
<td>Conduct regular meeting of landlords to:</td>
<td>• Add local landlords currently working with homeless system to Indiana’s online directory of landlords and promote to other landlords with affordable units</td>
<td>Fall 2009-Ongoing</td>
<td>• Landlords who rent to low-income people are easily accessible</td>
</tr>
<tr>
<td></td>
<td>• Recruit landlords to rent to at-risk renters including those with criminal records and those with damaged credit</td>
<td></td>
<td>• There will be an increase in the number of landlords who rent to at-risk renters</td>
</tr>
<tr>
<td></td>
<td>Hire housing locators to help clients access private rentals that are affordable.</td>
<td>Fall 2009-Fall 2010</td>
<td>Housing locators will increase the availability of affordable units to low-income clients</td>
</tr>
<tr>
<td>Investigate role of Community Housing Development Organizations (CHDO) and if it is appropriate to promote development of more.</td>
<td>Winter 2009 – Winter 2010</td>
<td>Identify funding opportunities and partnerships for CHDOs to promote new construction of affordable units</td>
<td></td>
</tr>
<tr>
<td>HOUSING GOAL</td>
<td>ACTION STEPS</td>
<td>TIMELINE</td>
<td>BENCHMARKS</td>
</tr>
<tr>
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<td>------------</td>
</tr>
<tr>
<td>Organize and increase funding streams to better support Plan housing goals</td>
<td>Document all funding streams for security deposits, first month’s rent, and utility deposits; coordinate and increase funding to make sure it is directed toward need.</td>
<td>Winter 2009</td>
<td>More flexible funding is available for housing assistance.</td>
</tr>
<tr>
<td></td>
<td>Identify and educate all providers on all pots of current money for affordable housing and permanent supportive housing: • HOPWA • HUD-VASH • Shelter Plus Care • Prisoner Reentry</td>
<td>Winter 2009-Winter 2012</td>
<td>More funding will be utilized for affordable and permanent supportive housing.</td>
</tr>
<tr>
<td></td>
<td>Have Planning Departments present to city council their CDBG and NSP funding usage, including how it has: • benefited the community • increased property values • increased taxes received</td>
<td>Annually</td>
<td>City council’s awareness of the value of programs will increase, along with their support of such programs.</td>
</tr>
<tr>
<td>HOUSING GOAL</td>
<td>ACTION STEPS</td>
<td>TIMELINE</td>
<td>BENCHMARKS</td>
</tr>
<tr>
<td>--------------</td>
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<td>------------</td>
</tr>
</tbody>
</table>
| Implement, update, and monitor housing goals of Plan | Create and maintain a Housing Working Group of local housing assistance providers:  
  - Add members from North Side Community Action and Swanson Center  
  - Identify gaps in un-served populations  
  - Joint problem solving  
  - Clarify admission criteria  
  - Share apartment vacancies with each other  
  - Monitor and update goals and action steps  
  - Set benchmarks to monitor progress | Winter 2009 – ongoing (meet quarterly) | • Community Action and Swanson Center join the group  
• All members will be aware of each others’ services and work collaboratively to fill gaps  
• Members will continue to monitor, change, and add goals, action steps, and benchmarks |
<table>
<thead>
<tr>
<th>INCOME AND SERVICES GOAL</th>
<th>ACTION STEPS</th>
<th>TIMELINE</th>
<th>BENCHMARKS</th>
</tr>
</thead>
</table>
| Make services more accessible | Create a committee of social service providers that investigate a service referral system including:  
- Single point of entry  
- No wrong door  
- Standardized referral process  
- Standardized application  
- Determine services available | Winter 2009-Winter 2010 | People seeking services will be able to easily navigate the system. |
<table>
<thead>
<tr>
<th>INCOME AND SERVICES GOAL</th>
<th>ACTION STEPS</th>
<th>TIMELINE</th>
<th>BENCHMARKS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Increase employment opportunities</td>
<td>Identify businesses that would work with those who have barriers to employment.</td>
<td>Winter 2009-ongoing</td>
<td>People with barriers will be hired to gain employment experience.</td>
</tr>
<tr>
<td>Increase job and skill training opportunities at shelters.</td>
<td>Winter 2009-Winter 2010</td>
<td>Shelter residents will increase their job marketability.</td>
<td></td>
</tr>
<tr>
<td>Set aside Work One supports for those who are homeless.</td>
<td>Winter 2009-Winter 2010</td>
<td>People who are homeless will increase their job prospects.</td>
<td></td>
</tr>
<tr>
<td>Create partnership with adult education providers.</td>
<td>Winter 2009-Winter 2010</td>
<td>More people will be enrolled in adult education.</td>
<td></td>
</tr>
<tr>
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<tr>
<td>Increase access to income supports</td>
<td>Ensure that every case manager is educated about all public benefits programs and ensure clients apply for all benefits for which they are eligible.</td>
<td>Winter 2009-Spring 2011</td>
<td>Clients will increase their access to income supports.</td>
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<td></td>
<td>Develop relationships with Social Security office and state government offices to help increase access for clients.</td>
<td>Winter 2009-Spring 2011</td>
<td>Social Security and state offices work with providers and clients to improve access to income supports.</td>
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<td>Increase quality of client data through HMIS</td>
<td>Conduct trainings on features for new users.</td>
<td>Winter 2009-Ongoing</td>
<td>There is an increase in the amount of complete client data collected.</td>
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<td>Evaluate data quarterly to identify gaps in data.</td>
<td>Winter 2009-Ongoing</td>
<td>HMIS data are analyzed every quarter and action steps are created as necessary to address gaps.</td>
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<td></td>
<td>Produce an annual report card to track progress.</td>
<td>Winter 2009-Ongoing</td>
<td>Goals, action steps, and benchmarks are continually updated to create a better report card.</td>
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<td></td>
<td>Create HMIS user group to develop best strategies on how to increase usage as well as make usage easier for all users.</td>
<td>Winter 2009-Ongoing</td>
<td>People are informed about how others are using HMIS and there is a quicker turnaround for needed help, questions, or feedback.</td>
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<tr>
<td>Increase access to transportation</td>
<td>Obtain subsidies for bus passes.</td>
<td>Winter 2009-Winter 2010</td>
<td>Homeless clients are able to access needed services and places.</td>
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<tr>
<td>Investigate and determine if car donation programs are feasible.</td>
<td>Winter 2009-Spring 2010</td>
<td>People have increased access to transportation.</td>
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<tr>
<td>Investigate and determine if van pools with major employers are feasible.</td>
<td>Winter 2009-Spring 2010</td>
<td>People have increased access to transportation.</td>
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| Continue to monitor and update services based on population needs | To get a better understand of need, track under-served populations, including:  
  - Single men  
  - Single females  
  - Youth/runaways/foster care  
  - Grand families | Winter 2009-ongoing | All people seeking services are entered into HMIS whether or not they receive services. When HMIS data are analyzed, look at gaps in need and services. |
<table>
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| Increase access to health services | Investigate the possible opening of:  
  - Detoxification  
  - Inpatient mental health facility | Winter 2009-Winter 2011 | Feasibility of needed facilities is determined. Goals and action steps are updated accordingly. |
<p>| | Increase the capacity of health providers to serve low-income and homeless populations. | Winter 2009-Winter 2012 | There will be an increase in the number of low-income and homeless clients served at health clinics. |</p>
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<td>Create media attention around Plan and its progress</td>
<td>Increase media attention on the issue of homelessness and housing; deflate myths.</td>
<td>Winter 2009 – Summer 2010</td>
<td>The community and elected officials will understand that homelessness exists in the county and will learn the best ways to eliminate it.</td>
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<td></td>
<td>Host events when large parts of plan are launched or achieved.</td>
<td>Ongoing</td>
<td>The community and elected officials will be more aware of Plan and support its goals.</td>
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| **Build momentum to secure community buy in of Plan** | Investigate hosting a Speakers Bureau whose tasks include:  
- Conducting presentations to different community groups (neighborhood groups, council, schools, etc.) about homelessness and the Plan | Winter 2009- Ongoing | The community will understand that homelessness exists in the county and will agree to goals of the Plan. |
<p>| | Tour affordable and permanent supportive housing that is appealing, safe, and blends with the neighborhood to advertise positive aspects. | Winter 2009- Ongoing | The community will be aware of visually appealing PSH and will agree to PSH in their neighborhood. |
| | Document positive community impacts of PSH. | Project started upon completion of PSH | A document is created and presented to leaders to garner additional support. |</p>
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<td><strong>Build momentum to secure political buy in of Plan</strong></td>
<td>Invite elected officials to Home Team Plan discussions.</td>
<td>Fall 2009-Ongoing</td>
<td>Elected officials will be more aware of the homeless system and will advocate for goals and funding.</td>
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<td>Set up meetings with elected officials to discuss the Plan and implications.</td>
<td>Fall 2009-Ongoing</td>
<td>Elected officials will be more aware of the homeless system and will advocate for goals and funding.</td>
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<td>Gather letters of support from other Mayors who have had successful Plans and permanent supportive housing in their communities.</td>
<td>Fall 2009-Ongoing</td>
<td>Mayors in LaPorte County will be aware of other successful plans and will agree to sign on to LaPorte’s Plan and goals.</td>
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<td>Implement, update, and monitor goals and action steps in the Plan to End Homelessness</td>
<td>Develop point person to ensure:</td>
<td>Fall 2009-ongoing</td>
<td>• Point person or plan oversight committee is designated</td>
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<td></td>
<td>• The Plan is a living document</td>
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<td>• Plan is updated quarterly with all work completed</td>
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<td>• Each committee’s work is added into Plan</td>
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<td>• Action steps and benchmarks are updated and evaluated quarterly</td>
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<td>Align funder giving and reporting with Plan to End Homelessness:</td>
<td>require Home Team participation to influence planning and decision-making</td>
<td>Fall 2009-ongoing</td>
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<td>encourage agencies to align their strategic plans to the Plan to End Homelessness</td>
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<td>in grant reports collect standardized benchmarks that align with the Plan</td>
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<td>Activities of the homeless system will be aligned with the goals of the Plan</td>
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